

Investing in Health: Designing a Strong and Healthy New York through the Regional Economic Development Councils



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The Designing a Strong and Healthy New York (DASH-NY) Obesity Prevention Coalition and Policy Center was launched through support from the New York State Department of Health in April 2010. DASH-NY is staffed by The New York Academy of Medicine (NYAM), located in East Harlem in New York City. The work of DASH-NY focuses on policy, systems, and environmental changes that will lead to equitable community environments where healthy eating, active living, and access to preventive health care services are a reality for all New Yorkers.

DASH-NY convenes partners from multiple sectors, such as transportation, agriculture, economic development, planning, education, academia, health care, and more, to develop sustainable, cross-cutting strategies for reducing the burden of obesity and chronic disease.

I. Executive Summary

The health of New York's economy, communities, and residents is inextricably linked. People living in low-income and distressed neighborhoods often experience poor health outcomes, and poor health and illness create an economic burden that affects individuals, companies, regions, and, ultimately, the entire state. New York ranks second highest in the United States for medical expenditures attributable to obesity, spending \$11.1 billion (in 2009 dollars) each year. Being physically active and eating healthy foods are two key variables that contribute to preventing obesity and other related chronic illnesses. Therefore, community and economic development that supports increased access to physical activity and healthy foods within all our communities is vital to addressing both the economic and physical health of New York State.

In 2011, Governor Andrew M. Cuomo and Lieutenant Governor Robert Duffy created 10 Regional Economic Development Councils (REDCs) to develop long-term plans for economic growth across the state. The REDC plans have largely focused on job creation. This report was developed to show that there are also opportunities to simultaneously enhance public health in some of the projects funded and within the jobs created. To develop this report, the 725 projects awarded in 2012 were reviewed and compared against evidence-based and recommended interventions for increasing access to healthy foods and physical activity in communities. The review identified 45 potentially health-promoting projects, with 21 projects supporting healthy eating and 24 projects supporting physical activity. The 45 projects represent 2.2% of total funding (\$16 million of the total \$738 million), but have the potential to positively impact the health of residents for generations to come. The review was repeated in 2013 for the 824 projects that received funding and found that 21 projects supported healthy eating and 106 supported physical activity. The 127 projects cover 7.4% of total funding (\$53 million of the total \$716 million), a positive increase that will hopefully be a continuing trend in future rounds of funding.

As demonstrated in the annual New York State County Health Rankings, there are wide geographic disparities in the health outcomes among individuals in New York, and in the local conditions that affect health, with some counties faring significantly better in health outcomes than others. There are also population-level disparities: New York's communities of color and people with disabilities experience the highest rates of overweight and obesity. Opportunities exist through the REDC process to promote greater health equity across demographic and county lines.

II. Introduction and Background

The Link Between Health and Economic Development

Poor health and illness create an economic burden for individuals, health care organizations, businesses, and regions. Currently, New York State spends \$11.1 billion (in 2009 dollars) each year in obesity-related diseases alone.ⁱ New York ranks second highest in the United States for medical expenditures attributable to obesity.

In its 2011 report *Health and Economic Development*, The New York Academy of Medicine (NYAM) found that these health-related expenditures come at the expense of other investments:

The public sector forgoes critical investments in education, transportation, housing and other infrastructure, social services, and the arts. Businesses experience opportunity costs and may have to sacrifice expansion and capital investment. Businesses want to locate in regions with healthier populations because their costs are lower and productivity is higher.ⁱⁱ

Recognizing the powerful role of prevention in controlling the state's health care costs, New York has implemented a statewide Prevention Agendaⁱⁱⁱ that provides a blueprint for state and local action to improve health in five priority health areas and reduce health disparities for racial, ethnic, disability, socioeconomic, and other groups. For example, although it is projected that more than half of New Yorkers will be obese by 2030,^{iv} this trend can be reversed through interventions that enable and promote increased levels of physical activity and healthy eating. The Prevention Agenda identifies goals and simple interventions that can be implemented through public and private partnerships to slow and reverse this trend (Figure 1).

The Pivotal Role of Obesity Prevention

Childhood and adult overweight and obesity have reached epidemic proportions in New York State, affecting 8.5 million adults, as well as 40% of New York City (NYC) public school students ages 6-12, and 32% of students in the rest of the state. While there are some signs that the escalating trend toward increasing obesity rates might be slowing or halting, obesity and overweight remain the second leading cause of preventable death in the United States and may soon overtake tobacco as the leading cause of death. By the year 2050, obesity is predicted to shorten life expectancy in the U.S. by two to five years.

Obesity is a significant risk factor for many chronic diseases and conditions that reduce quality of life, including type-2 diabetes, asthma, high blood pressure, and high cholesterol. Increasingly, these conditions are being seen in children and adolescents. Preventing and controlling obesity therefore has the potential to save hundreds of millions of dollars annually. NYAM and the Urban Institute conducted a review of community interventions like those in Figure 1 and found New York could experience \$7 in reduced health care expenditures for every dollar invested in community interventions, adding up to \$1.3 billion in savings for public and private insurers over five years.^v

There are specific strategies to help shape communities' physical and social environments in ways that promote healthy behaviors, prevent illness and premature death, and promote community and economic development. These strategies include promoting active design, encouraging transit-oriented development, and making healthy and local foods available through investment in grocery stores, farmers markets, and improved regional agricultural infrastructure.

The *2013 County Health Rankings and Roadmap*^{vi} published by the University of Wisconsin Population Health Institute and the Robert Wood Johnson Foundation further illustrates the connection between health outcomes and community factors.^{vii} Based on the latest data publically available for each county in the country, the project ranks counties on both health outcomes (length and quality of life) and health factors (high school graduation rates, access to healthier foods, employment, and alcohol use). Not surprisingly, some New York counties that fare the worst in health outcomes (including the Bronx, Sullivan, and St. Lawrence) also fare the worst in terms of health factors. Appendix B: New York State County Health Rankings illustrates how New York counties rank in terms of overall health and health outcomes and rank related to features that promote good diet and exercise and employment. While diet and exercise have clear links to positive health outcomes, unemployment can lead to an increase in poor health.^{viii} Job creation is not only beneficial to the economy in counties across the state; increasing employment and reducing poverty can also enhance health and lead to slower declines in health over time. Counties could move up in the health outcomes rankings by improving their health factors. The Regional Economic Development Councils (REDCs) present an important opportunity to make investments that would yield these improvements.

Figure 1

Prevention Agenda Support for Healthy Community Environments

Goal #1.1: Create community environments that promote and support healthy food and beverage choices and physical activity.

- Objective 1.1.1: By December 31, 2017, decrease the percentage of adults ages 18 years and older who consume one or more sugary drink per day.
- Objective 1.1.2: By December 31, 2017, increase the percentage of adults ages 18 years and older who participate in leisure-time physical activity.
- Objective 1.1.3: By December 31, 2017, increase the number of municipalities that have passed complete streets policies from 23 (2011) to 46.

Interventions for Consideration

Overall

- Invest in proven community-based programs that result in increased levels of physical activity and improved nutrition.

Healthy Eating

- Increase retail availability of affordable healthy foods that meet the needs of communities, especially those with limited access to nutritious foods. This includes but is not limited to the following: developing business models that support increased use of healthy, locally grown and developed, and minimally processed foods, especially in high-need areas; establishing local and regional food hubs to provide new market outlets for local and regional “producers” and providing technical assistance on production planning and sustainable production practices; attracting retail grocery stores; improving offerings at small stores; starting and sustaining farmers markets and fruit and vegetable carts; and other innovative opportunities.
- Adopt policies and implement practices to reduce overconsumption of sugary drinks, such as making clean, potable water readily available in public places, worksites, and recreation areas; implementing policies aimed at reducing overconsumption of sugary drinks; and educating the public about the risks associated with overconsumption of sugary drinks.

Physical Activity

- Establish shared use agreements to open public areas and facilities for safe physical activity.
- Adopt, strengthen, and implement local policies and guidelines that facilitate increased physical activity for residents of all ages and abilities, including but not limited to adopting complete streets policies that change how streets are designed and built, so that residents can travel easily and safely along community streets, whether they are walking, biking, or riding the bus; connecting roadways to complementary systems of trails and bike paths that provide safe places to walk and bike; implementing traffic enforcement programs to improve safety for pedestrians and bicyclists; incorporating clear policy statements on pedestrian needs in a municipal Comprehensive Plan; considering pedestrian and non-auto transportation in site plan reviews; adopting zoning and other land-use regulations that place a priority on pedestrians over auto transportation; adopting active design guidelines that support the design of healthy buildings, streets, and urban spaces; and supporting smart growth strategies and zoning for new developments and revitalizing communities. Ensure that accessibility for people with disabilities and the elderly is a priority when adopting active design guidelines.

The REDC Process

In July 2011, New York State Governor Cuomo and Lieutenant Governor Duffy created New York's 10 REDCs (Figure 2). The Councils involve representatives from local business, academia, community, and not-for-profit organizations. Each council developed a local five-year plan for strategic economic development, and submitted progress reports in 2012. The regions compete for state funding toward implementation of their plans.

Figure 2: 10 Regional Economic Development Councils in New York State

Regions Comprising the REDCs	
Western New York	Allegany, Cattaraugus, Chautauqua, Erie, Niagara
Finger Lakes	Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Wayne, Wyoming, Yates
Southern Tier	Broome, Chemung, Chenango, Delaware, Schuyler, Steuben, Tioga, Tompkins
Central New York	Cayuga, Cortland, Madison, Onondaga, Oswego
Mohawk Valley	Fulton, Herkimer, Montgomery, Oneida, Otsego, Schoharie
North Country	Clinton, Essex, Franklin, Hamilton, Jefferson, Lewis, St. Lawrence
Capital Region	Albany, Columbia, Greene, Saratoga, Schenectady, Rensselaer, Warren, Washington
Mid-Hudson	Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester
New York City	Bronx, Kings, New York, Richmond, Queens
Long Island	Nassau, Suffolk

An integral part of the REDC effort is the Consolidated Funding Application (CFA). The CFA process consolidates the application for funding opportunities available from multiple New York State agencies and authorities.¹ The process also makes funds available to a wide variety of applicants, ranging from municipalities and counties to businesses and non-profits.^{ix} Funding decisions are based on input from both the participating agencies and the REDCs. Figure 3 shows components of the scoring process.

In 2011, \$785 million in CFA funding was awarded to roughly 740 priority and other projects, with a focus on rewarding projects that revitalized main streets, town centers, and urban areas. In December 2012, another \$738 million was awarded to 725 projects, and \$715.9 million was awarded to 824 projects in 2013.

¹ The twelve state agencies in 2012 were Empire State Development; NYS Canal Corporation; NYS Energy Research and Development Authority; Environmental Facilities Corporation; Homes and Community Renewal; New York Power Authority; Department of Labor; Office of Parks, Recreation and Historic Preservation; Department of State; Department of Environmental Conservation; Department of Agriculture and Markets; and the NYS Council on the Arts. In 2013, funds were made available through 13 state agencies. The New York Power Authority was no longer listed as a funding agency, but the Office of National and Community Service, Office of Temporary and Disability Assistance, Higher Education Services Corporation, and Industrial Development Bond Cap were.

Figure 3: CFA Review and Scoring^x



In each year of its implementation, the REDC process has been adjusted by the Administration, showing that it is a flexible mechanism that can incorporate new ideas. In 2012, for example, a method was announced for rewarding regions that made progress on implementing their plans, and also for assisting regions in revising their plans. In 2013, Regions were asked to identify an “Innovation Hot Spot” and create a Regional Incubator Plan. Incubators will offer business resources to start-ups at low or no cost to commercialize academic research.² Winning incubators received financial support from the state, including legal, technical, and business support services. The Western New York, Finger Lakes, Southern Tier, Central New York, and North Country regions were designated in this first round of the Innovation Hot Spots program, and more will be made in the future.

Significantly, in 2013, the Regions were asked to develop Opportunity Agendas to revitalize distressed communities. The Opportunity Agendas are pilot programs that will connect residents in challenged areas to resources to overcome barriers (lack of safe childcare options, affordable housing, and skills training) to entering the workforce. This is an important recognition of the factors that promote both economic growth and the health and well-being of a community’s residents.

More information about the REDC is available at www.regionalcouncils.ny.gov.

² More specifically, each plan must demonstrate a connection with a higher education institution and have the ability to transition technology from lab to marketplace; demonstrate a link to regional sources of innovation and expertise; provide industry accepted best practice services; agree to maintain and operate program for three years; and generate a 2:1 match to the state grant for support services.

III. Methodology

This report was developed through a three-step process. First, a team from NYAM identified a set of evidence-based and recommended strategies from national literature for promoting healthy eating and physical activity that can also promote economic development. Second, descriptions of the projects funded through the CFA in 2012 and then in 2013 were reviewed to identify which projects related to healthy eating and physical activity. From this review, an initial list of projects supporting disease prevention was developed, and these projects were vetted by the DASH-NY staff and work group members to see if they accurately fit the recommended strategies based on their knowledge of the projects in their respective regions and subject matter expertise. All projects had to demonstrate a clear connection to improving New Yorkers' access to healthy food and physical activity.

Step 1

To identify the healthy eating and physical activity strategies, a team conducted a review of the obesity prevention literature, drawing upon resources available through the NYAM Grey Literature Database and Library catalog, PubMed, Google searches, and expert consultation. We ultimately reviewed 29 reports and from these created a set of recommended healthy eating and physical activity interventions. The titles of the reports are included in Appendix C. The identified strategies were narrowed down to activities likely to qualify for funding through the REDC process, per the criteria described in the CFA Resource Manual.^{xi} This final list of 20 strategies is included in Table 1.

Step 2

We reviewed the 725 projects that were awarded CFA funding in 2012 and matched these to the strategies in Table 1. We repeated this process for the 824 projects that were awarded CFA funding in 2013. The DASH-NY team first identified projects that made any mention of physical activity or food, and then reviewed the projects to determine whether in addition to supporting the 20 strategies they potentially posed any health harms. For example, we did not include projects that support the promotion and distribution of wine, beer, and spirits, which might otherwise be considered “local foods,” because inappropriate use of alcohol is among the leading causes of noncommunicable diseases (NCDs).^{xii}

Step 3

Lastly, to finalize the list of health-promoting projects, there was extensive consultation with the health and economic development experts in the DASH-NY Economic and Community Development Work Group, at NYAM, and at the NYS Department of Health. Individual projects whose contributions to health promotion were unclear were individually reviewed on a case by case basis, and the entire list was then passed through a group review by this team.

Table 1: Strategies for promoting healthy eating and physical activity

Healthy Eating

1 Incentivize production of healthy and locally grown produce and products.

Incentives aim to increase the availability and consumption of locally produced foods by community residents, enhance the ability of the food system to provide sufficient quantities of healthier foods, and increase the viability of local farms and food security for communities.

Reference: Bipartisan Policy Center, *Lots to Lose* (2012); Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); Levi et al, *F as in fat: how obesity threatens America's future* (2011); Institute of Medicine, *Accelerating progress in obesity prevention* (2012); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

2 Support access to local and healthy food.

Mechanisms for purchasing food directly from farms include farmers markets, farm stands, mobile markets, online systems, community-supported agriculture, “pick your own,” corner markets, and farm-to-institution initiatives. Experts suggest that these mechanisms have the potential to increase opportunities to consume healthier foods, such as fresh fruits and vegetables, by possibly reducing costs of fresh foods through direct sales; making fresh foods available in areas without supermarkets; and harvesting fruits and vegetables at ripeness rather than at a time conducive to shipping, which might improve their nutritional value and taste.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); Leadership for Healthy Communities, *Action Strategies Toolkit* (2009); Kettel, *Recommended community strategies and measurements to prevent obesity in the United States* (2009); Frieden et al, *Reducing childhood obesity through policy change* (2010)

3 Develop activities that improve skills in purchasing and preparing food.

Promote community food access by developing community-based group activities (e.g., community kitchens) that link procurement of affordable, healthy food with improving skills in purchasing and preparing food.

Reference: Parker et al, *Local government actions to prevent childhood obesity* (2009)

4 Create regional infrastructure for production, distribution, and processing of local foods for institutions.

There are many institutional and farm barriers that prevent access to fresh and local food. Facilities that are needed in many regions to support regional food purchasing include shared-use or cooperative facilities such as processing, storage, and distribution facilities; commercial kitchens or kitchen incubators for small businesses; and mobile processing facilities.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); Kettel, *Recommended community strategies and measurements to prevent obesity in the United States* (2009); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

5 Encourage restaurants to offer and market healthier and local items.

Provide more nutrition information that helps consumers make healthier choices. Encourage restaurants to offer healthier menu items, decrease portion sizes, and post nutritional information on their menus.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); Kettel, *Recommended community strategies and measurements to prevent obesity in the United States* (2009); Parker et al, *Local government actions to prevent childhood obesity* (2009); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

6 Enhance accessibility of grocery stores through enhanced transportation routes, lighting, and public safety.

Improve infrastructure to increase the comfort and well-being of individuals en route to the store and to make them more likely to make the journey.

Reference: Parker et al, *Local government actions to prevent childhood obesity* (2009); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

7 Locate groceries and supermarkets in underserved communities.

Increase opportunities for low-income communities, communities of color, and sparsely populated rural areas to buy healthy, affordable food.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); National Prevention Council, *National Prevention Strategy* (2011); Gostin et al, "Improving laws and legal authorities for obesity prevention and control" (2009); Levi et al, *F as in fat: how obesity threatens America's future* (2011); Institute of Medicine, *Accelerating progress in obesity prevention* (2012); Leadership for Healthy Communities, *Action Strategies Toolkit* (2009); Kettel, *Recommended community strategies and measurements to prevent obesity in the United States* (2009); Parker et al, *Local government actions to prevent childhood obesity* (2009); Frieden et al, *Reducing childhood obesity through policy change* (2010); New York State Department of Health, *Division of Chronic Disease and Injury Prevention Strategic Plan 2010-2013* (2010); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

Physical Activity

8 Increase access to bikes, helmets, and other equipment for low-income families.

Support bicycling for transportation and recreation.

Reference: Parker et al, *Local government actions to prevent childhood obesity* (2009)

9 Increase accessibility of outdoor spaces for physical activity and play for the disabled.

Children with physical and developmental disabilities are significantly more likely to be obese or overweight compared with peers without disabilities of the same age. Such challenges include poor accessibility of facilities, services, and programs, as well as environmental barriers such as lack of accessible equipment or transportation.

Reference: National Prevention Council, *National Prevention Strategy* (2011); Levi et al, *F as in fat: how obesity threatens America's future* (2011); New York State Department of Health, *Division of Chronic Disease and Injury Prevention Strategic Plan 2010-2013* (2010)

Physical Activity (continued)

10 Create access to places for physical activity (combined with informational activities).

Enhancing access to places for physical activity involves changes to local environments (e.g., creating walking trails), building exercise facilities, providing access to existing nearby facilities, and reducing the cost of opportunities for physical activity. Increased access is typically achieved in a particular community through a multi-component strategy that includes training or education for participants.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

11 Encourage public-private partnerships to create and maintain parks.

State parks compete for limited funds with other—often higher—policy priorities like education, health care, public pensions, and public safety. Public-private partnerships (PPPs) can keep parks open without creating additional burdens on taxpayers. Many states already successfully use private concessionaires to provide services within parks—including food, retail, lodging, marinas, and other commercial activities. Creating these partnerships can maintain parks, an important source for physical activity.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008)

12 Improve stairway access and appeal.

Make stair use an easier choice and locate stairs in easily accessible locations.

Reference: Parker et al, *Local government actions to prevent childhood obesity* (2009)

13 Create incentives for remote parking and disincentives for nearby parking.

Traffic calming efforts such as speed bumps and pedestrian refuge islands strategically modify the built environment to affect traffic speed and patterns. Traffic calming measures can be implemented independently or as a component of larger efforts to improve streetscape design.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

14 Offer fitness programs in community settings.

Fitness programs can be offered in a variety of community settings including community wellness, fitness, community, and senior centers. Program offerings vary by location, but often include exercise classes such as spinning/indoor cycling, aerobic dance classes, Zumba, Pilates, and Tai Chi.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

Physical Activity (continued)

15 Increase green space and parks.

Rails to trails programs, brownfield redevelopment, and community gardens are examples of programs that increase access to green space. Green space can also be modified to make various forms of transportation accessible.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

16 Support smart growth (mixed use, transit-oriented development) and livable communities.

Mixed-use development supports a combination of land uses within a project (e.g., residential, commercial, industrial, recreational, etc.) as opposed to developing an area for a single purpose. Mixed-use development is sometimes implemented through zoning regulations requiring it in specific areas or throughout a municipality.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

17 Increase safety and perceptions of safety from crime in outdoor areas.

Perceived and real safety issues hinder people's ability to be active. People are more reluctant to walk, bicycle, jog, or play in neighborhoods that feel less safe. Certain elements of the community environment, including broken windows, brownfields, vacant lots, graffiti, abandoned houses and cars, and litter, contribute to the feeling of an unsafe neighborhood, and are amenable to built environment improvements.

Reference: Levi et al, *F as in fat: how obesity threatens America's future* (2011); Leadership for Healthy Communities, *Action Strategies Toolkit* (2009); Kettel, *Recommended community strategies and measurements to prevent obesity in the United States* (2009); Parker et al, *Local government actions to prevent childhood obesity* (2009); Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); National Prevention Council, *National Prevention Strategy* (2011)

18 Improve streetscape design.

Improvements to streetscape design can include increased street lighting, enhanced street landscaping, tree plantings, increased sidewalk coverage and connectivity of pedestrian walkways, street crossing safety features, and traffic calming measures. Streetscape design improvement projects include elements from more than one of these categories.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

Healthy Eating and Physical Activity

19 Implement multi-component obesity prevention interventions.

Multi-component interventions include a combination of educational, environmental, and behavioral activities such as nutrition education, aerobic/strength training and exercise sessions, training in behavioral techniques, and specific dietary prescriptions.

Reference: University of Wisconsin Population Health Institute, *County health rankings & roadmaps: building a culture of health, county by county* (2014)

20 Conduct assessments and involve public health in determining consequences for human health of policies and infrastructure changes.

Understanding all risks and impacts of municipal planning or investment decisions, including those that can affect health, will help ensure that land use and transportation investments are aligned with positive and equitable health outcomes.

Reference: Lee, *Strategies for enhancing the built environment to support healthy eating and active living* (2008); National Prevention Council, *National Prevention Strategy* (2011); White House Task Force on Childhood Obesity, *Solving the problem of childhood obesity within a generation* (2010)

IV. Findings

In 2012, round two of the REDC process, 725 projects were funded. Among those projects the number of economic development projects supporting healthy food or physical activity was relatively small (45) as was the percentage of funds. Of total funding, 2.2% was spent on projects that supported healthy eating or physical activity (\$16 million of the total \$738 million). In 2013, round three, the number of projects that were funded increased to 824. The number of projects that supported healthy eating or physical activity rose to 131, which is 7.4% of total funding (\$53 million of the total \$716 million). For both 2012 and 2013, there were no projects that supported both healthy eating and physical activity.

In 2012, there were 21 projects funded that supported healthy eating, and the greatest investments in healthy food-related projects were made in Central New York and Mid-Hudson at \$2.1 million each. There were 24 projects funded in 2012 that supported physical activity. The Capital Region received the most funding for projects that promote physical activity at \$3 million.

The distribution of projects with potential to promote healthy eating and physical activity per region in 2012 (Table 2) ranges from one in the Mohawk Valley region to 10 in the Capital Region. The dollars awarded for projects that have the potential to promote healthy eating and physical activity ranged from \$75,000 in Mohawk Valley to \$3.4 million in the Capital Region.

In 2013, 22 projects supported healthy eating, and the greatest investments in healthy food projects were made in the Southern Tier at \$2.3 million. There were 109 projects funded in 2013 that supported physical activity, with the most funding for physical-activity related projects in the Capital Region at \$10.6 million.

The number of projects that supported healthy eating or physical activity in each region in 2013 (Table 3), ranged from seven in both the Mohawk Valley and NYC to 20 in the Capital Region. The dollars awarded for projects that have the potential to promote healthy eating or physical activity ranged from \$1.3 million in Mohawk Valley to \$11 million in the Capital Region.

Appendix A includes descriptions of the 2012 and 2013 projects by region and how much money was awarded for each project and region.

This analysis identified many exemplary projects. The identified projects demonstrate there is potential synergy between health promotion and economic development. Some notable examples include the following:

Prattsville Parks Restoration (\$250,000)

The Town of Prattsville is restoring two community parks devastated by Hurricane Irene in 2011, including construction of a soccer field, basketball court, playground, and an open-air pavilion.

Ulster Mohonk Preserve (\$500,000)

The Mohonk Preserve Inc. is acquiring and developing a 534-acre parcel located between the Village of New Paltz and the protected areas of the Shawangunk Mountains. Conservation will improve access to the Preserve's carriage road system for hikers, bicyclists, equestrians, and others, and will provide the Village with a trailhead that connects to the Shawangunks.

Sunset Park Upland Connector (\$600,000)

The New York City Department of Transportation is partnering with UPROSE to develop the Sunset Park Upland Connector, connecting Sunset Park to the waterfront. The project is intended to improve the streetscape and establish pedestrian and bicycle connectivity to the Bush Terminal Piers Park and the Brooklyn Waterfront Greenway. Work will include community engagement, planning and design, sidewalk enhancements, green stormwater infrastructure, landscaping, and pedestrian amenities.

Finger Lakes Food Hub (\$450,000)

The Finger Lakes Food Hub is a 25,200 square foot facility built in the Village of Groton. By contracting with multiple small and mid-sized farmers, the Finger Lakes Food Hub is sourcing a wide variety of locally field-grown food products including root crops, herbs, and other fresh produce. The business will add value to these local products through packaging, branding, and processing before selling through established sales channels. It will collaborate with local farmers and producers to provide services and expanded markets for their products. This expansion will enhance distribution to markets such as Wegmans, Tops, Price Chopper, SYSCO, Regional Access, and Cortland Produce. The project will create 15 new jobs in the packing center and 65 seasonal jobs on local farms. It will put over 300 additional acres of farmland into agricultural production and generate over \$2.3 million in annual sales by year three.

Capital District Community Gardens Urban Grow Center (\$196,347)

The Capital District Community Gardens (CDCG) is implementing a green roof, porous pavement, bioretention, and rainwater harvesting and reuse at their new Urban Grow Center. The project will enable CDCG to expand its use of agriculture to address the need for healthy food as a tool for improving the economic, physical, and social well-being of the Capital Region.

Canal Street Farmers Marketplace (\$243,493)

The Village of Fort Edward is redeveloping a historic building for use as a permanent location of a regional farmers' market. The Old Champlain Canal Barn, which was built in the 1880s and has been used by the Department of Public Works for storage over the last 50 years, will be redeveloped as Canal Street Farmers Marketplace, which will include retail space for agricultural goods produced in Washington, Warren, and Saratoga counties.

Cornell Food Innovation Certified Business Incubator Proposal (\$125,000)

The Cornell Food Innovation Certified Business Incubator is assisting start-up food-based businesses in the Finger Lakes region by deploying best practices and provide mentorship programs, access to relevant programming, and other business-related services.

Table 2: Number of projects and dollars funded in 2012 broken out by healthy eating or physical activity

2012	Capital Region	Central New York	Finger Lakes	Long Island	Mid-Hudson	Mohawk Valley	New York City	North Country	Southern Tier	Western New York
	Number of projects funded for healthy eating	3	2	1	5	3	0	1	3	2
Dollars awarded to healthy eating projects	\$492,640	\$2.1 m	\$300,000	\$1.1 m	\$2.1 m	\$0	\$400,000	\$815,000	\$725,000	\$158,167
Number of projects funded for physical activity	7	2	1	2	2	1	3	2	1	3
Dollars awarded to physical activity projects	\$3.0 m	\$487,500	\$80,000	\$606,530	\$750,760	\$75,000	\$1.6 m	\$358,774	\$75,290	\$1.0 m
Total dollars funded for healthy eating and physical activity	\$3.4 m	\$2.6 m	\$380,000	\$1.7 m	\$2.9 m	\$75,000	\$2.0 m	\$1.2 m	\$800,290	\$1.2 m
Total regional funds	\$50.3 m	\$93.8 m	\$96.2 m	\$59.7 m	\$92.8 m	\$59.7 m	\$51.4 m	\$90.2 m	\$91.1 m	\$52.8 m
% of dollars for healthy eating and physical activity per total regional funds	6.8%	2.8%	0.4%	2.8%	3.1%	0.1%	3.8%	1.3%	0.9%	2.2%

Table 3: Number of projects and dollars funded in 2013 broken out by healthy eating or physical activity

2013	Capital Region		Central New York		Finger Lakes		Long Island		Mid-Hudson		Mohawk Valley		New York City		North Country		Southern Tier		Western New York	
	Number of projects funded for healthy eating	Dollars awarded to healthy eating projects	Number of projects funded for physical activity	Dollars awarded to physical activity projects	Total dollars funded for healthy eating and physical activity	Total Regional funds	Total Number of projects	% of dollars funded for healthy eating and physical activity per total regional funds												
Number of projects funded for healthy eating	4		2		4		2		2		2		2		1		2		0	
Dollars awarded to healthy eating projects	\$424,956	\$1.8 m	\$987,050	\$315,016	\$950,000	\$240,000	\$353,360	\$225,000	\$2.3 m											\$0
Number of projects funded for physical activity	16		13		9		7		13		5		5		12		9		17	
Dollars awarded to physical activity projects	\$10.6 m	\$4.6 m	\$4.3 m	\$5.4 m	\$3.7 m	\$1.1 m	\$4.6 m	\$3.3 m	\$2.1 m											\$5.8 m
Total dollars funded for healthy eating and physical activity	\$11.1 m	\$6.4 m	\$5.3 m	\$5.8 m	\$4.6 m	\$1.3 m	\$5.0 m	\$3.5 m	\$4.4 m											\$5.8 m
Total Regional funds	\$82.8 m	\$66.9 m	\$59.8 m	\$83 m	\$59.6 m	\$82.4 m	\$57.4 m	\$81.3 m	\$81.9 m											\$60.8 m
Total Number of projects	100	79	86	98	87	76	60	70	87											81
% of dollars funded for healthy eating and physical activity per total regional funds	13.4%	9.5%	8.8%	6.9%	7.7%	1.6%	8.7%	4.3%	5.4%											9.6%

V. Appendices

Appendix A. Projects Supporting Prevention of Obesity and Related Chronic Diseases

Below are examples of projects that fit into the recommendations described in Table 1 for promoting healthy eating or physical activity.

Healthy Eating Projects

Western New York

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	0	\$0
2012	1	\$158,167
YWCA of Niagara Community Culinary Training Center		\$158,167
Young Women’s Christian Association of Niagara, Inc. will expand their current kitchen facilities located in the City of Lockport, including construction of a commercial kitchen training facility.		Homes and Community Renewal

Finger Lakes

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	4	\$987,050
Farmers Food and Folkways		\$62,050
This four-county project will add culinary traditions to farmers markets and other agrarian, horticultural, and rustic events. The initiative will expose market and festival goers to traditional foods and local chefs. By adding value to farmers markets, the program ensures there will be repeat attendance and increased interest.		Arts Culture and Heritage Project Grant
Public Market Master Plan Implementation		\$500,000
Redevelopment of a City of Rochester-owned public marketplace primarily for food and agriculture products.		Empire State Development
Red Jacket Orchards Fruit Juice Bottling Expansion		\$300,000
Red Jacket will expand its operations in the agriculture and manufacturing sectors, resulting in increased procurement of processing apples from local Finger Lakes and NY apple growers, increased visitation to the “Red Jacket Visitation and Education Center” and increased purchase from local suppliers.		Empire State Development Excelsior Jobs Program

Healthy Eating Projects

Cornell Food Innovation Certified Business Incubator Proposal	\$125,000
The Cornell Food Innovation Certified Business Incubator will assist start-up food-based businesses in the Finger Lakes region by deploying best practices and provide mentorship programs, access to relevant programming, and other business-related services.	Empire State Development

YEAR	2012	TOTAL PROJECTS AWARDED	1	TOTAL DOLLARS AWARDED	\$300,000
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New Manufacturing Facility	\$300,000
Once Again Nut Butter will construct a new 40,000 square foot manufacturing facility for local food processing company in Livingston County.	Empire State Development

Southern Tier

YEAR	2013	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$2.3 million
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Creation of a Farm and a Culinary Center	\$1,000,000
The project facilitates the creation of a working farm on Tompkins Cortland Community College property in Dryden and a culinary center in downtown Ithaca.	Empire State Development

Farm to Bistro	\$1,300,800
The project will create a working farm on College and Foundation property in Dryden and a culinary center in downtown Ithaca.	Empire State Development

YEAR	2012	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$725,000
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Sunrise Family Farms Business Expansion	\$275,000
Sunrise Family Farms will create a new dairy processing plant focused on specialty yogurt.	Empire State Development

Finger Lakes Food Hub	\$450,000
Challenge Industries, Inc. will create the Finger Lakes Food Hub. The Finger Lakes Food Hub is an aggregation and value added production facility that collaborates with local farmers and provides them with services to expand the markets for their products.	Agriculture and Markets, Empire State Development

Healthy Eating Projects

Central NY

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	2	\$1.8 million
New Dairy Manufacturing Facility Ariston Dairy Products, LLC will invest \$6,511,302 to purchase, construct/renovate and equip an existing facility into a 72,000 square foot dairy products manufacturing plant in Canastota, Madison County.		\$1,757,000 Empire State Development (Grant Funds and Excelsior Jobs programs)
Equipment Upgrade and Facility Renovation Queensboro Farm Products will invest approximately \$2,196,000 to upgrade equipment and renovate a portion of their facility to come into compliance with regulations for producing Greek yogurt.		\$43,000 Empire State Development

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	2	\$2.1 million
Growing Upstate Food Hub Madison County Agriculture Economic Development will expand the Growing Upstate Food Hub located in Canastota by establishing a shared use processing, warehousing, and distribution facility for locally farmed products.		\$1,510,000 Agriculture and Markets, Empire State Development, Homes and Community Renewal
South Avenue Supermarket Expansion Funding will be awarded to renovate and expand an existing warehouse, redeveloping it into a new supermarket on South Avenue in the City of Syracuse.		\$600,000 Empire State Development

Mohawk Valley

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	2	\$240,000
Craft Food and Beverage Center at Hartwick College Creation of lab space for a food and beverage training, testing, and research facility at Hartwick College.		\$60,000 Empire State Development
Corbin Hill Farm Construct a facility that will provide a location for local farmers to bring their products for packaging and distribution locally and to NYC.		\$180,000 Empire State Development
2012	0	\$0

Healthy Eating Projects

North Country

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	1	\$225,000
<p>Port of Ogdensburg Agribusiness Capacity Building..... \$225,000 Upgrade two rail bridges and purchase and install new storage facility and conveyor system to increase agricultural products capacity at port. Empire State Development</p>		
2012	3	\$815,000
<p>North Country Food Hub..... \$350,000 United Helpers Management Company will establish a regional food hub and network in Canton. Empire State Development</p>		
<p>Adirondack Meat Company Expansion..... \$300,000 AMC will construct and equip a USDA slaughterhouse and meat processing facility in Ticonderoga and return processed meat to area farmers. Empire State Development</p>		
<p>Adirondack Meat Company..... \$165,000 The Essex County Industrial Development Agency will use funds to assist the Adirondack Meat Company with its \$1.3 million project to construct and equip a 7,500 square foot USDA-inspected slaughterhouse and meat processing facility in Ticonderoga. Agriculture and Markets</p>		

Capital Region

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	4	\$424,956
<p>Eurial Feasibility Study..... \$35,000 Columbia County has attracted the international cheese company Eurial, which would like to expand. Funds will examine the potential expansion in the region to serve local, regional, and national markets. Empire State Development</p>		
<p>Local Food Distribution Hub Network..... \$225,000 This project will establish Mid-Hudson/Capital Region less than trailer load (LTL) Local Food Distribution Hub, which will allow farmers to cost effectively get their product to market. Funds will be used to build a facility in Sullivan County and Columbia County and will retrofit 10,000 square feet of space. Empire State Development</p>		
<p>Customer Service and Food Safety Training..... \$100,000 Shop-Rite Supermarkets, Inc. of Orange, Sullivan, Westchester, Putnam, Dutchess, Ulster and Albany Counties will train 160 workers in workforce readiness, the customer experience, and National Registry of Food Safety Professional Management. Department of Labor</p>		

Healthy Eating Projects

Acquisition to support Urban Grow Center	\$64,956
The Urban Grow Center is a multiphase project that will enable Capital District Community Gardens (CDCG) to expand its use of agriculture in the Capital Region. The Center will include a local food supply hub, a rehabbed green building with alternate power generation and conservation, a fresh produce market, expanded year-round programming, and other features that will double CDCG's ability to deliver local food and services to underserved neighborhoods.	Office of Parks, Recreation and Historic Preservation

YEAR	2012	TOTAL PROJECTS AWARDED	3	TOTAL DOLLARS AWARDED	\$492,640
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Canal Street Farmers Marketplace Project	\$243,493
The Village of Fort Edward will redevelop a historic canal building for use as a permanent location of a regional farmers' market, which will include retail space for agricultural goods produced in Washington, Warren, and Saratoga counties.	Canal Corporation, Department of State

The Urban Grow Center	\$196,347
The Capital District Community Gardens will use funds to implement a green roof, porous pavement, bioretention, and rainwater harvesting and reuse at their new Urban Grow Center. The project will enable CDCG to expand its use of agriculture as a tool for improving the economic, physical, and social well-being of the region.	Environmental Facilities Corporation

Meals on Wheels Culinary Training Initiative	\$52,800
Senior Services of Albany, Inc. will provide on-the-job training for 12 newly hired workers in culinary skills, including understanding weights and measures, prepping and batch cooking, Servsafe (a food handling safety program), food storage, equipment operation, and time management.	Department of Labor

Mid-Hudson

YEAR	2013	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$950,000
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New Windsor Continental Farm	\$750,000
Continental Organics will purchase enhanced sustainable agriculture equipment for an aquaponics facility.	Empire State Development

LTL Local Food Distribution Hub Network	\$200,000
The project will establish the Mid-Hudson/Capital Region LTL Local Food Distribution Hub, which will allow farmers to cost effectively get their product to market. Funds will be used to build a facility in Sullivan County.	Empire State Development

Healthy Eating Projects

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	3	\$2.1 million
Hudson Valley Food Hub The Hudson Valley Agribusiness Development Corporation will expand food processing and distribution capacity for Farm to Table Co-packers and Hudson Valley Harvest. The businesses will have expanded capacity to meet the growing demand for local food from customers in NYC and throughout the Northeast.		\$775,000 Agriculture and Markets, Empire State Development
The Market Center Construction Project New Square Community Improvement Council will construct a new building for a community grocery store and the expansion of the major service organization for this distressed community.		\$600,000 Empire State Development
Land Acquisition for Job Opportunities The Village of New Square will use the award toward the acquisition of vacant property that will house the Hatzlacha Supermarket on the ground floor and a local nonprofit organization, SHARE, on the second floor.		\$750,000 Homes and Community Renewal

NYC

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	2	\$353,360
BSP Greenhouse - Rooftop Farm Build an approximately 65,000 square foot greenhouse atop the historic Liberty View Industrial Plaza at 850 3rd Ave. in Sunset Park, Brooklyn, which will be the world's largest rooftop farm.		\$350,000 Empire State Development
Operations Training Foodsaver New York, Inc. dba Terminal Seafood & Meats of Brooklyn will provide on-the-job training for 20 newly hired workers in supervision, customer relations, and food safety.		\$3,360 Department of Labor
2012	1	\$400,000
Oak Point Fresh Food Campus Oak Point Property will construct a warehouse, distribution, and food processing facility that will feature locally grown and organic produce and farm products from New York State growers, a rooftop farm run by Gotham Greens, and a training facility.		\$400,000 Empire State Development

Healthy Eating Projects

Long Island

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	2	\$315,016
<p>Mobile Processing Unit for Organic Poultry.....\$61,375 Browder’s Birds is one of a very small number of Certified Organic chicken producers in New York State. The company will build a state licensed mobile poultry processing facility so that it will be permitted to maintain its certified organic status. Empire State Development</p>		
<p>Town of East Hampton Commercial Fishing Docks Infrastructure Project.....\$253,641 The Town of East Hampton will design and construct improvements to two existing docks—Star Island Road Dock and West Lake Drive Dock—located on Lake Montauk. This project is a regional economic priority that supports the Montauk Commercial Fishing Fleet and promotes tourism. Department of State</p>		
YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	5	\$1.05 million
<p>Hatchery and Farm Electrical Distribution.....\$250,000 HF Corwin and Son, the only remaining duck farm on Long Island, will construct a state-of-the-art duck hatchery in order to comply with new Food and Drug Administration regulations. Empire State Development</p>		
<p>Improving Commercial Waterfront Infrastructure Montauk Inlet Seafood.....\$227,583 Infrastructure improvements to a wholesale fish processing and packing facility will support the commercial fishing industry in Montauk. Empire State Development</p>		
<p>Transformative Commercial Fisheries Infrastructure Project Montauk East LP.....\$120,000 Montauk East will undertake infrastructure improvements to its wholesale fish processing and packing facility to support the commercial fishing industry in Montauk. Empire State Development</p>		
<p>Satur Farms Expansion.....\$120,000 Satur Farms will acquire machinery and equipment for expansion of its vegetable processing and packing line. Empire State Development</p>		
<p>Thematic Tourism Project.....\$335,000 East End Tourism Alliance generates increased awareness and demand for thematic tourism opportunities that emphasize locally grown produce, and sustainable seafood. Empire State Development</p>		

Physical Activity Projects

Western NY

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	17	\$5.8 million
<p>Gowanda Zoar Valley Gateway Park Phase 3.....\$500,000</p> <p>The Gowanda Area Redevelopment Corporation (GARC) plans to initiate park construction at the Peter Cooper Superfund Site. The result of the project, which will include parking lot construction, installation of asphalt walkway and perimeter cable fencing, and purchase and planting of landscape elements, will be a recreational park positioned on Cattaraugus Creek that will serve as the gateway to the State-owned Zoar Valley Multiple Use Area and conservation site.</p> <p>Office of Parks, Recreation and Historic Preservation</p>		
<p>Northern Chautauqua County Local Waterfront Revitalization Program.....\$65,000</p> <p>The Chautauqua County Department of Planning & Economic Development will prepare a Local Waterfront Revitalization Program (LWRP) for Northern Chautauqua County, including the City of Dunkirk; Villages of Silver Creek and Westfield; and Towns of Hanover, Sheridan, Pomfret, Dunkirk, Westfield, Ripley and Portland. The LWRP will provide a regional plan for the revitalization and protection of Lake Erie’s waterfront within Chautauqua County that utilizes and enhances the region’s unique natural and community assets while advancing economic development.</p> <p>Department of State</p>		
<p>Dunkirk Seawall and Lake Front Boulevard.....\$449,620</p> <p>The City of Dunkirk will work to reconstruct the Lakefront Boulevard Seawall and redevelop Lakefront Boulevard. The existing road and seawall are important for recreational uses, the support of city water and sewer lines, and for access to the main entrance to the city’s Waste Water Treatment Plant, but they have become severely deteriorated. Their reconstruction will allow increased lakefront recreational opportunities.</p> <p>Office of Parks, Recreation and Historic Preservation</p>		
<p>Dunkirk Seawall and Lake Front Boulevard.....\$341,000</p> <p>The City of Dunkirk will reconstruct the Lakefront Boulevard Seawall and redevelop Lakefront Boulevard into a tourist attraction. The existing concrete seawall is over 80 years old and has become severely deteriorated and is in need of replacement.</p> <p>Empire State Development</p>		

Physical Activity Projects

<p>Jamestown Parks Improvements at Panzarella Park, Scenic Vista and McCrea Point.....</p> <p>The multi-phase Greater Jamestown Riverwalk Trail construction and continuation project is designed to create connectivity in the city with the development of new concrete sidewalk paths, branded signage trail markers, scenic vistas of the Chadakoin River with a picnic grove, playground equipment, and informational kiosks.</p>	<p>\$499,955</p> <p>Office of Parks, Recreation and Historic Preservation</p>
<p>Improvements to Lucille Ball Memorial Park.....</p> <p>The Village of Celoron will update its zoning code to attract appropriate waterfront development and design public access and recreation improvements to Lucille Ball Memorial Park on Chautauqua Lake, including a new waterfront trail and kayak/canoe launch.</p>	<p>\$82,845</p> <p>Department of State</p>
<p>Butler Mitchell Clubhouse Renovation.....</p> <p>The Boys & Girls Clubs of Buffalo will use \$150,000 in Urban Initiatives funds to renovate the Butler Mitchell Clubhouse building on Massachusetts Avenue in Buffalo.</p>	<p>\$150,000</p> <p>Homes and Community Renewal</p>
<p>BNSC Vision Niagara Feasibility Study.....</p> <p>BNSC/Vision Niagara will use \$20,000 in New York Main Street Technical Assistance funds to complete feasibility studies for reuse of four properties in the City of Buffalo’s Niagara/Breckenridge Neighborhood. The study will evaluate eligibility for a national register historic preservation district, and study appropriate streetscape improvements.</p>	<p>\$20,000</p> <p>Homes and Community Renewal</p>
<p>City of Lackawanna Local Waterfront Revitalization Program Update.....</p> <p>The City of Lackawanna will update its Local Waterfront Revitalization Program (LWRP), adopted in 1989. The amended LWRP will include a review of the existing waterfront area, inventory existing conditions, update program policies, identify appropriate proposed land and water uses and projects, and revise local laws to implement the program.</p>	<p>\$30,000</p> <p>Department of State Local Waterfront Program</p>
<p>Comprehensive Plan Development.....</p> <p>The City of Lackawanna will develop a Comprehensive Plan incorporating green innovations as a way to revitalize and create economic opportunities. Simultaneously, the City is also creating a new Local Waterfront Revitalization Plan to help restore the natural environment and create a plan for the revitalization of the city’s waterfront, which has been privately owned and inaccessible to residents for more than 100 years.</p>	<p>\$60,000</p> <p>NYS Energy Research and Development Authority</p>

Physical Activity Projects

Newstead Recreational Trail Expansion Project The Newstead Recreational Trails Expansion Project will add 7,500 feet of new accessible paved pathway to Newstead’s popular recreational trails system. The proposed trail expansion will be constructed along a segment of the abandoned Canandaigua and Niagara Falls Railroad and will connect existing trails with the town park and expansive Akron Falls Park, allowing the region to enjoy a more comprehensive, cohesive system that unites area resources.	\$200,000 Office of Parks, Recreation and Historic Preservation
Erie Canal Bike Path Extension Through the Erie Canal Bike Path Extension project, the City of North Tonawanda will design and construct a pedestrian/bicycle path along the historic Erie Canal in the City of North Tonawanda. The new path—which will connect Mayor’s Park, a municipal waterfront park, with the terminus of the existing path at the intersection of Payne Avenue and Sweeney Street—will add approximately 1.1 miles of publicly accessible waterfront path and will give the city the opportunity to continue the path in future stages to other city amenities.	\$144,707 NYS Canal Corporation
Gratwick Marina Redevelopment The City of North Tonawanda will design and construct improvements to the central and southern marina basins at Gratwick Park Marina along the Niagara River. Improvements will include removal of dilapidated existing docks, repair of failing bulkhead, dredging, new docks and utilities, boardwalk, lighting, landscaping, paving, and signage.	\$208,125 Department of State
Lockport Ice Arena The Lockport Ice Arena and Sports Center is a planned two-pad hockey arena with related retail support services to be located in the heart of the city’s downtown. The project will demolish a long-vacant supermarket and invest \$11 million in capital costs.	\$1,000,000 Empire State Development
Town of Porter Local Waterfront Revitalization Program The Town of Porter will prepare a draft Local Waterfront Revitalization Program for its Lower Niagara River and Lake Ontario waterfronts to provide a comprehensive approach to waterfront planning and development in the Town.	\$34,250 Department of State

Physical Activity Projects

Village of Lewiston Local Waterfront Revitalization Program Update.....**\$20,250**
 Department of State
 The Village of Lewiston will update its Local Waterfront Revitalization Program, adopted in 1989, to address land use and development issues along the waterfront and business district.

Community Renewal Fund.....**\$2,000,000**
 Homes and Community Renewal
 Community Renewal will make funding available to eligible municipalities for Housing Rehabilitation, Public Infrastructure, Public Facilities, and Economic Development activities for the benefit of low- to moderate-income individuals.

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	3	\$1.0 million

Allegany State Park.....**\$500,000**
 Empire State Development
 Development of Allegany State Park will include increasing the current inventory of nine full-service cottages to approximately 37, and the development of a group camp offering a ropes course and zip line attractions.

Design and Construction of Erie Canal Kayak Launches.....**\$142,700**
 Department of State
 The City of North Tonawanda will design and construct kayak launches and way-finding signage at three locations along the Erie Canal. The proposed project will enhance public access to the waterfront and expand water-dependent recreation opportunities.

Design and Construction of Village of Bemus Point Streetscape Improvements.....**\$375,000**
 Department of State
 The Village of Bemus Point will design and construct infrastructure improvements including sidewalks and curbs, paving, lighting, landscaping, street furnishings, crosswalk improvements, and wayfinding signage along Lakeside Drive and Main Street in downtown Bemus Point. The project will provide safer access for pedestrians and drivers.

Physical Activity Projects

Finger Lakes

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	9	\$4.3 million
<p>Village of Brockport.....\$200,000</p> <p>The Village of Brockport will use \$200,000 in New York Main Street funds to assist the owners of mixed-use buildings to complete commercial and residential renovation projects, and perform streetscape enhancements in the Village’s downtown business district.</p> <p>Homes and Community Renewal</p>		
<p>Promenade at Erie Harbor Construction.....\$1,200,000</p> <p>The City of Rochester will construct a public promenade along the Genesee River with a pedestrian ramp to connect to the Court Street Bridge, renovate the Johnson Seymour Mill Race and River Wall, and install educational signage. The promenade will establish a connection to the larger Genesee Gateway Trail System.</p> <p>Department of State</p>		
<p>Comprehensive Plan Revision.....\$150,000</p> <p>The Town of Brighton will revise its Comprehensive Plan 2000. The Plan will integrate appropriate goals and opportunities explored in the Town’s completed area plans and studies, including the Final Report of the Green Brighton Task Force: Recommendations for a Sustainable Future; Monroe Ave Vision Plan; and Bike Walk Brighton - A Comprehensive Pedestrian and Bicycle Master Plan for the Town of Brighton, New York.</p> <p>NYS Energy Research and Development Authority</p>		
<p>Town of Perinton Spring Lake Trail.....\$169,940</p> <p>The Town of Perinton proposes construction of a multi-use trail that will connect Spring Lake Park to the existing Irondequoit Creek Trail, which currently extends 6.2 miles from Irondequoit Creek through Channing Philbrick Park. The trail will be approximately 2,100 linear feet, usable by pedestrians, bicyclists, cross-country skiers and snow-shoers, and will include access areas for fishing.</p> <p>Office of Parks, Recreation and Historic Preservation</p>		
<p>Canandaigua Lakefront Redevelopment Project.....\$1,500,000</p> <p>The Canandaigua Lakefront Redevelopment Project is a proposed \$117 million mixed-use project to create a large residential and commercial development on a 21-acre infill site off Lakefront Drive along the northern shore of Canandaigua Lake.</p> <p>Empire State Development</p>		

Physical Activity Projects

<p>Access Improvements to Seneca Lake - Phase 2.....</p> <p>The City of Geneva will design and construct shoreline improvements and a multi- use path along Seneca Lake from Long Pier to Castle Creek. This project implements the City’s Waterfront Infrastructure Feasibility Study.</p>	<p>\$800,000</p> <p>Department of State</p>
<p>Holley Canal Park Improvement Project.....</p> <p>The Village of Holley in Orleans County will use this funding in order to undertake the Holley Canal Park Improvement Project. Project activities include improvements to the existing gazebo, pavilions, and stone paths. New elements of the park will include new tree planting, installation of grills and picnic tables, fire pits, and the purchase of new equipment to maintain the park. These amenities will enhance the experience of the thousands of boaters and bicyclists who come to—and travel through—the Holley Canal Park each season and add to the tremendous economic impact the Canal system brings to the Village of Holley.</p>	<p>\$65,776</p> <p>NYS Canal Corporation</p>
<p>Macedon Canal Park Enhancements.....</p> <p>The Village of Macedon will design enhancements to the underutilized Macedon Canal Park including an ADA compliant fishing/boat access platform and kayak launch, comfort station, picnic pavilion improvements, wayfinding signage kiosks, walkways, and lighting.</p>	<p>\$21,225</p> <p>Department of State</p>
<p>Shoreline to Summit Enhancing Public Access on Canandaigua Lake.....</p> <p>The Finger Lakes Land Trust intends to develop recently acquired land, a cove beach with 390 feet of shoreline, into part of the proposed Canandaigua Lake Water Trail. Development of the new preserve will involve demolition of two small structures near the shore, work to clear invasive species, and creation of a hiking trail to open the property to the public. The new site will be a rarity on Canandaigua Lake, where most property is privately owned and heavily developed.</p>	<p>\$171,585</p> <p>Office of Parks, Recreation and Historic Preservation</p>

YEAR	2012	TOTAL PROJECTS AWARDED	1	TOTAL DOLLARS AWARDED	\$80,000
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<p>Study for Improved Public Access— High Falls District and Genesee River Gorge.....</p> <p>The City of Rochester will examine public access improvements into and through the High Falls District and Genesee River Gorge. Planned improvements include redeveloping waterfronts and a proposed privately funded Garden Aerial project: a new trail loop around the High Falls Gorge, utilizing the existing Pont de Renne pedestrian bridge and constructing a new pedestrian bridge over the Falls.</p>	<p>\$80,000</p> <p>Office of Parks, Recreation and Historic Preservation</p>
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Physical Activity Projects

Southern Tier

YEAR	2013	TOTAL PROJECTS AWARDED	9	TOTAL DOLLARS AWARDED	\$2.1 million
	Comprehensive Plan			\$50,000	
	<p>The Village of Deposit will create a Comprehensive Plan and then make new revisions to its land use laws to address issues related to climate resiliency and sustainability. The plan will address the community’s aging infrastructure in a way that reduces operation and maintenance costs through energy efficiency measures and the use of renewable energy. The plan will also include greenhouse gas reduction measures and the implementation of Complete Streets and Safe Routes to Schools programs.</p>				NYS Energy Research and Development Authority
	Outdoor Tourism Marketing			\$100,000	
	<p>The “I Love Fresh Air—The Great Outdoors in the Finger Lakes” campaign will highlight the outdoor recreational assets of the Finger Lakes Region for visitors and encourage a healthy lifestyle for residents. This is phase II of this project, which will look to fund a television and digital media campaign.</p>				Empire State Development
	Front Street Improvements			\$122,307	
	<p>The Village of Deposit, located on the West Branch of the Delaware River, will design and construct streetscape enhancements along Front Street, from Court Street to Dean Street to improve connections between the downtown and waterfront recreation areas.</p>				Department of State
	Village of Deposit Front Street Streetscape Improvements			\$486,000	
	<p>The Village of Deposit proposes to use \$486,000 in NYS Community Development Block Grant (CDBG) funds to address deteriorating infrastructure along Front Street. Total project cost is \$1,555,614. The project will benefit the Village of Deposit’s 1,663 residents, 976 or 58.7% of whom are low and moderate income.</p>				Homes and Community Renewal
	Main Street Improvements			\$655,000	
	<p>The Village of Sidney, located on the south shore of the Susquehanna River, will design and build pedestrian facilities and stormwater infrastructure on Main Street, from River Street to Division Street, and conduct a green infrastructure feasibility analysis for lands between Main Street and the Susquehanna River.</p>				Department of State
	Montour Falls Main Street			\$180,500	
	<p>Community Progress, Inc. will use \$180,500 in New York Main Street funds to assist the owners of three residential and commercial mixed-use buildings and perform streetscape enhancements in Montour Falls.</p>				Homes and Community Renewal

Physical Activity Projects

Planning for Watkins Glen Middle Marina.....**\$106,750**
 Department of State
 The Village of Watkins Glen will conduct preliminary planning for the purposes for restoring and expanding marina capacity behind the middle breakwater at the south end of Seneca Lake. This project is part of the larger “Project Seneca” an effort to create and expand public access to Seneca Lake by removing and relocating the wastewater treatment facility, and increase economic development opportunities through increased tourism and a proposed mixed use development.

Canfield Park Project.....**\$114,302**
 Office of Parks, Recreation and Historic Preservation
 The restoration of Canfield Park, which dates back to the early 20th Century, will include grading and drainage improvements, restoration of the network of paths, installation of benches, and landscaping. While caring for the existing infrastructure and demonstrating environmental improvements, the project is expected to help revitalize the adjacent commercial and residential area by bringing residents and visitors to and through the park.

Green Infrastructure Retrofit.....**\$320,000**
 Environmental Facilities Corporation
 GIGP funds will support the installation of pervious pavement as part of a complete renovation of the Taughannock Falls State Park overlook, one of the most visited locations in the region. The project will incorporate green infrastructure in a prominent setting that showcases an important scenic geologic resource, the 215-foot-high Taughannock Falls, one of the highest waterfalls in the Northeast.

YEAR	2012	TOTAL PROJECTS AWARDED	1	TOTAL DOLLARS AWARDED	\$75,290
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Cascadilla Boathouse Second Floor Restoration and Code Upgrades.....**\$75,290**
 Office of Parks, Recreation and Historic Preservation
 The City of Ithaca will complete the first phase of rehabilitation of the second floor of the Cascadilla Boathouse for use as a gymnasium for the community. The City will construct a secondary outdoor stairway to bring the space to code, remove animal infestations, and restrict animal entrances in the third floor attic.

Physical Activity Projects

Central NY

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	13	\$4.6 million
<p>Emerson Park Improvements.....\$102,876 Cayuga County will design and build improvements to Emerson Park on Owasco Lake in the City of Auburn, including renovation of the boat launch, docking facilities, a seawall supporting a boat tie-up area, roads, and the existing lakeshore boardwalk. Department of State</p>		
<p>Cortland Zoning Analysis.....\$112,000 The City of Cortland will conduct a thorough analysis of the City’s current zoning code with particular attention paid to use, density and bulk regulations, and amending, to encourage future mixed use development, housing variety, greater development densities, and infill development. Zoning efforts will also focus on waterfront revitalization along the Tioughnioga River. Cortland will have zoning regulations that protect residential areas and encourage economic and waterfront development. NYS Energy Research and Development Authority</p>		
<p>Wickwire Pool.....\$500,000 The City of Cortland is home to Wickwire Pool, located in Suggett Park. The pool celebrated its 65th anniversary two years ago in very poor condition, which threatens the city’s ability to keep it open. The pool will be refurbished, more energy efficient, accessible, and remain an important community asset, giving people of all ages and abilities an enjoyable and safe place to swim. Office of Parks, Recreation and Historic Preservation</p>		
<p>Finger Lakes Trail and NYS Parks Marketing Project.....\$82,710 This is a partnership between NYS parks and the Finger Lakes Trail Conference to cross promote and market the state’s longest footpath and the state parks along or adjacent to the 958 miles of the trail system. Empire State Development</p>		
<p>Lakeland Park Planning and Development.....\$22,000 A vision and master plan will be developed for Lakeland Park and the historic Carpenter’s Barn to address opportunities for greater connectivity. The plan, created with input from the community, will include suggestions for rehabilitation to enhance public use of the barn, ways to improve pedestrian circulation and access to recreation areas, including kayak and canoe launching, and the creation of a tree planting plan. Office of Parks, Recreation and Historic Preservation</p>		

Physical Activity Projects

Zoning Ordinance Revisions The City of Syracuse will revise its zoning ordinances to promote mixed-use, pedestrian-friendly, dense, urban infill development. Deliverables include a new zoning ordinance and zoning map, along with web and print materials that clearly illustrate the development approvals process. A new zoning ordinance will attract infill development, improve quality of redevelopment projects equitably across city neighborhoods, and help attract new residents to the urban core.	\$300,000 NYS Energy Research and Development Authority
Mixed Use Development in Syracuse This project involves the revitalization of the Syracuse Inner Harbor into a mixed-use development that will provide commercial, residential, and community space.	\$1,343,000 NYS Energy Research and Development Authority
Willis Carrier Recreation Center In 2010, Carrier Corporation donated the Willis Carrier Recreation Center to the Town of DeWitt with an agreement that the park forever remain a public recreational facility. The goal of this project is to build a one-of-a-kind, all-inclusive outdoor multi-sports complex to be enjoyed by all residents of and visitors to Central New York.	\$247,500 Empire State Development
Fayetteville Green Gateway The Village of Fayetteville will use GIGP funds to install pervious pavement, rain gardens, bioretention, and stormwater street trees along East Genesee Street. The Fayetteville Gateway Project will help improve safety for pedestrians and motorists, improve water quality, and beautify one of the Village's primary economic corridors.	\$557,100 Environmental Facilities Corporation
Northwest Family YMCA Construction The YMCA of Greater Syracuse will invest \$17 million to construct and equip a 100,000 square foot YMCA facility within the Timber Banks Development in the Town of Lysander, Onondaga County, creating 200 jobs in Central New York.	\$985,000 Empire State Development
Lacona Park Project Grant funds will be used towards the acquisition of a privately-owned property for public parkland, site work to prepare the parcel, and installation of picnic accommodations and park equipment for children of all abilities. The project will greatly enhance the recreational opportunities available to residents in the Village of Lacona and provide a safe place for children to socialize, exercise, and interact with their peers.	\$48,979 Office of Parks, Recreation and Historic Preservation

Physical Activity Projects

State Street Improvement Project.....**\$187,071**
 The Village of Phoenix will use \$187,071 in New York Main Street funds to assist the owners of mixed-use buildings to complete commercial and residential renovation projects along State Street in the Village’s Canal Waterfront District. Homes and Community Renewal

Central New York Region Recreation and Heritage Plan.....**\$65,000**
 Oswego County, with the Central New York Regional Planning and Development Board and Cayuga, Onondaga, Madison, Cortland Counties, will prepare the Central New York Region Recreation and Heritage Plan, providing the foundation for the establishment of a regionally inter-linked recreational and heritage network. Department of State

YEAR	2012	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$487,500
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New York Onondaga Loop the Lake Trail.....**\$75,000**
 Onondaga County will produce a feasibility study and conceptual designs to complete the Loop the Lake Trail on Onondaga Lake and Onondaga Creek. The study will consider connectivity between the Loop the Lake Trail and the City of Syracuse’s Onondaga Creekwalk, as well as other area trails to provide connectivity between the trail, the lake, and the surrounding community. Department of State

Casey and Falcon Park Upgrades.....**\$412,500**
 The City of Auburn will make improvements to Casey Falcon Park, the largest in the city, which provides year-round recreation while also serving as home to a minor league baseball team. The City will renovate and improve lighting and upgrade two 30-year-old softball fields. Office of Parks, Recreation and Historic Preservation

Mohawk Valley

YEAR	2013	TOTAL PROJECTS AWARDED	5	TOTAL DOLLARS AWARDED	\$1.1 million
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Cycle Adirondacks.....**\$211,750**
 Cycle Adirondacks is a week-long, fully supported road-bicycle tour through northern New York State. The goal of the annual event is to promote the Adirondacks and surrounding region, bring a greater appreciation of this part of New York State to participants, and stimulate economic activity in communities. Empire State Development

Physical Activity Projects

<p>Town of Broadalbin Park Development.....</p> <p>A detailed site plan has been prepared for the development of a park in the Town of Broadalbin, which currently does not have any parks or recreation facilities. The 29-acre site will be developed to provide a wide range of recreational facilities including baseball, softball and soccer fields, and a basketball court. Other facilities will include a pavilion and playground area, access roads and parking.</p>	<p>\$500,000</p> <p>Office of Parks, Recreation and Historic Preservation</p>
<p>Fort Herkimer Church German Flatts Town Park Development Project.....</p> <p>The Town of German Flatt’s Town Park project includes the development of an ADA-accessible trail that connects to the Canalway Trail, a community center to enhance canalway infrastructure and to support park programming, a parking area with lighting, a renovated historic 1840s schoolhouse for use as a visitor’s center, an avian habitat, an ADA-accessible dock and canoe/kayak launch facility, overlooks, seating, interpretive signage, and gardens.</p>	<p>\$171,792</p> <p>Office of Parks, Recreation and Historic Preservation</p>
<p>Rock Ledge Campground.....</p> <p>Develop a new six-acre recreational campground with two cabins, and about 50 sites for RVs. Will include a facility for recreation and a pavilion.</p>	<p>\$25,000</p> <p>Empire State Development</p>
<p>Village of Potsdam NYMS.....</p> <p>The Village of Potsdam will use \$200,000 in New York Main Street funds to assist the owners of four mixed-use buildings to complete commercial and residential renovation projects and perform streetscape enhancements in the Village.</p>	<p>\$200,000</p> <p>Homes and Community Renewal</p>

YEAR	2012	TOTAL PROJECTS AWARDED	1	TOTAL DOLLARS AWARDED	\$75,000
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<p>Mohawk Valley Construction of Waterfront Access with ADA Bridge.....</p> <p>The Village of Northville will develop two parks located on the south basin of Northville Lake, providing waterfront access to the general public. The Village will construct a handicap accessible bridge along the shoreline, linking the two parks and eliminating an existing pedestrian safety hazard. Improvements will include picnic areas, docks, a boat launch, and fishing access.</p>	<p>\$75,000</p> <p>Office of Parks, Recreation and Historic Preservation</p>
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Physical Activity Projects

North Country

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	12	\$3.3 million
<p>Connecting Town Parks.....\$258,000</p> <p>To improve the accessibility to historic Heyworth/Mason Park and Sullivan Sports Park, the hamlet of Peru proposes the construction of a 1.5-mile, paved, non-motorized trail. The trail's completion will also link residential, commercial and natural areas and provide safe, off-road recreational opportunities for all ages and abilities in the community.</p> <p>Office of Parks, Recreation and Historic Preservation (Parks Planning and Acquisition and Recreational Trail Federal Grants programs)</p>		
<p>Saranac River Waterfront Trail.....\$25,000</p> <p>The Town of Plattsburgh will prepare the Lake Champlain/Saranac River Waterfront Plan to explore hamlet redevelopment strategies, improve waterfront access, and connect the hamlets to Lake Champlain through a greenway trail system. Additionally, conceptual designs will be developed for improvements to connect the hamlets to the Saranac River and Lake Champlain waterfronts.</p> <p>Department of State</p>		
<p>Grove Road Park Improvement Project.....\$54,460</p> <p>Jay Park was completely destroyed by Hurricane Irene. This project will rebuild the park with the purpose of resuming organized recreational activities with a new softball field, soccer field, and baseball field.</p> <p>Office of Parks, Recreation and Historic Preservation</p>		
<p>NYS Route 28N Corridor and Hudson River Waterfront Economic Revitalization Plan.....\$37,500</p> <p>The Town of Newcomb will develop a Hudson River Waterfront and Economic Revitalization Plan to increase tourism, identify and attract recreation-based businesses and accommodations, and enhance access to public lands.</p> <p>Department of State</p>		
<p>North Country Multicounty Implementation.....\$1,939,668</p> <p>This project aggregates eight replicable pilot projects across the North Country region. The project consists of renewable energy systems such as solar thermal, small scale hydro, a municipal biomass conversion from an oil-based heating system, residential conversions to high efficiency wood pellet systems, food composting, anaerobic bio-digestion, and bicycle and pedestrian amenities.</p> <p>NYS Energy Research and Development Authority</p>		
<p>Wild Walk Phase 2.....\$250,000</p> <p>The Wild Center will build and construct outdoor exhibits for its Wild Walk in Franklin County.</p> <p>Empire State Development</p>		

Physical Activity Projects

Equipment Purchase	\$143,560
Winona Forest Recreation Association (WFRA) is a four-season multiuser group association that maintains recreational trails and is dedicated to providing safe, quality trails and promoting healthy recreational activities for the community and tourists. WFRA will replace an existing groomer and drag with new wider ones to allow non-motorized and motorized winter woodland trails in the Winona State Forest to be groomed with one pass.	Office of Parks, Recreation and Historic Preservation
Fort La Presentation Interpretive Trail	\$352,650
Fort La Presentation Association plans to revitalize the City of Ogdensburg's historic Lighthouse Point by developing a waterfront park and trail system to be used for events, historic reenactments, and recreation. The project will include design and construction of a trail network, a visitor and educational meeting space, interpretive signage, site restoration work, landscaping, development of a porous surface parking area, and links to the City of Ogdensburg's Maple City Trail system.	Office of Parks, Recreation and Historic Preservation
Grasse River Corridor Blueway Trail Planning and Implementation	\$85,000
The Town of Canton will partner with Towns along the Grasse River to develop a Blueway Trail Plan, promote the river corridor, create a boat launch in the Hamlet of Pyrites, and develop a land-based trail master plan.	Department of State
Clifton-Fine Tourism and Recreation Development	\$67,500
The Towns of Clifton and Fine will advance projects identified in their 2007 Revitalization Strategy including planning to mitigate risks of invasive species in local waterways, a regional recreational tourism marketing plan, and a wilderness recreation branding strategy. The Towns will also continue development of waterfront access sites, develop a master trail guide for the Clifton-Fine area, and update the local waterfront revitalization strategy to identify new tourism infrastructure and wilderness recreation projects that promote sustainable economic development in the Adirondack Park.	Department of State
Oswegatchie River Blueway Trail	\$25,000
The City of Ogdensburg, in partnership with the Towns of Oswegatchie, Canton, Dekalb and Fine, the Villages of Heuvelton, Rensselaer Falls, Gouverneur, and St. Lawrence County, will prepare the Oswegatchie River Blueway Trail Development Plan. The Plan will provide a strategy to develop and promote this resource as a regional asset for tourism, recreation, and community development.	Department of State

Physical Activity Projects

Oswegatchie River Blueway Trail	\$25,000
Planning grant to create Blueway Trail along the 112-mile waterway.	Empire State Development

YEAR	2012	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$358,774
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Design and Construct Improvements to Arrowhead Park	\$248,000
The Town of Inlet will undertake design and construction of enhancements to Arrowhead Park, a waterfront park in the Hamlet of Inlet, an important community center. Improvements will include enhancements to public restrooms, landscaping, lighting, parking, and sidewalks, as well as the reconstruction of two historic buildings and relocation of existing tennis courts to increase green space.	Department of State

Otter Creek Preserve Nature Trail	\$110,774
The Thousand Islands Land Trust will construct a 1.5-mile nature trail that will meander across the mainland parcel of the Otter Creek Preserve. The path will allow for walking, biking, cross- country skiing, and snowmobiling.	Office of Parks, Recreation and Historic Preservation

Capital Region

YEAR	2013	TOTAL PROJECTS AWARDED	16	TOTAL DOLLARS AWARDED	\$10.6 million
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Upstate Marketing Strategy	\$150,000
The New York Golf Trail is an extended marketing plan, encompassing six regions of the state and 12 counties, that focuses on drawing golfers to the golf and lodging partners in New York State participating in this program, thereby increasing tourism in these areas.	Empire State Development

Albany County Rail Trail	\$1,003,478
This project will construct 5.5 miles of a proposed 9.3 mile shared- use path along a former rail bed. The funding will assist in the final design and construction of the path. The expected outcomes are improved mobility and economic opportunity for non-drivers, a better option for commuting by walking or bicycling, reduced emissions and vehicle miles travelled, improved economic activity along the trail corridor, and improved health for trail users.	NYS Energy Research and Development Authority

Physical Activity Projects

<p>Albany 2030 Sustainable Code Project.....</p> <p>The project will consist of a comprehensive update to the Code of the City of Albany to allow for the incorporation of sustainable design and smart growth principles, with specific emphasis on Zoning, as well as Development Regulations. The project will also address green buildings codes, enhanced storm water management practices, urban agriculture, downtown and waterfront design standards, bike infrastructure requirements, and streamlined permitting options.</p>	<p>\$300,000</p> <p>NYS Energy Research and Development Authority</p>
<p>Harlem Valley Rail Trail Construction from Copake to Hillsdale.....</p> <p>The Harlem Valley Rail Trail Association is seeking funding for the construction of 1.54 miles of Rail Trail in southeastern Columbia County, from Black Grocery Road in Copake to Anthony Street in Hillsdale. Construction of this section of the trail will link with the Town of Hillsdale to the Roeliff Jansen State Park and Roeliff Jansen Community Library. It will bring the quiet Hamlet of Hillsdale within the Harlem Valley Rail Trail’s sphere of economic vitality.</p>	<p>\$375,584</p> <p>Office of Parks, Recreation and Historic Preservation</p>
<p>Community Recovery Components: Design and Construction.....</p> <p>The Town of Prattsville will advance a multi-component project identified in the Town’s Community Reconstruction plan to restore and revitalize the Route 23 (Main Street) streetscape that was devastated by the flooding from Hurricane Irene, including Phase II of the streetscape enhancement project; feasibility analysis and preliminary design for a new community center; and design and construction of a new waterfront trail.</p>	<p>\$807,000</p> <p>Department of State</p>
<p>Medical, Residential, and Retail Mixed-Use Buildings in Troy.....</p> <p>Project includes the acquisition, demolition, and renovation of property in the urban core of Troy and 250,000 square feet of medical, residential, and retail space including an urban grocery in mixed-use buildings.</p>	<p>\$1,000,000</p> <p>Empire State Development</p>
<p>Regatta Center Saratoga.....</p> <p>Saratoga Rowing Association (SRA) aims to position Saratoga as a destination of choice for elite regattas and training, by expansion of its capital infrastructure and improvement of race course equipment. A building for regatta planning and execution and athlete training will be provided by renovating a neglected building located in the Town of Saratoga, NY, across Fish Creek from its main boathouse.</p>	<p>\$42,000</p> <p>Empire State Development</p>

Physical Activity Projects

Erie Canal Towpath Community Connector Construction	\$200,000
The Town of Halfmoon will construct a multi-use trail along the historic Erie Canal Towpath on the north shore of the Mohawk River. The trail will encompass approximately 0.75 miles from Clamsteam Road, under the I-87 Twin Bridges and west to the town line.	Department of State
Riverside Trail Community Linkage Project	\$150,000
The Riverside Trail Community Linkage Project focuses on implementing critical portions of the trail system that will connect the southern Stillwater neighborhoods of Riverside, Stillwater Junction, and East Saratoga Junction to the area’s resources, destinations, and the greater regional trail network. This includes the Stillwater Town and Village Halls, Island Park, the future site of Mullah Hill Park, the Zim Smith Trail, and the City of Mechanicville’s business district.	NYS Canal Corporation
Riverside Trail Community Linkage Project	\$200,000
The Town of Stillwater has embarked on a comprehensive effort to expand trail linkage throughout the community, from the Historic Saratoga Battlefield site to the waterfront and City of Mechanicville. The 2013 Riverside Trail Community Linkage Project focuses on implementing critical portions of the trail system that will connect southern Stillwater neighborhoods to the area’s resources, destinations, and the greater regional trail network.	Office of Parks, Recreation and Historic Preservation
Schenectady Riverfront Revitalization Project	\$5,000,000
Multi-year, multi-phase waterfront Brownfield development to include 144,000 SF retail, 304 apartments, supermarket, hotel, and banquet house.	Empire State Development
Environmental Park Signage and Water Feature	\$200,000
The Village of Lake George will design and construct an interactive water feature and gateway signage at the Charles R. Wood Lake George Environmental Park.	Department of State
Rogers Memorial Park Improvements	\$350,000
The Town of Bolton will design and construct improvements to Rogers Memorial Park including a visitor/heritage center, an entry plaza, pedestrian connector, lake overlook, lower walkway, hillside erosion repair, water distribution system, rehabilitation of the north public dock, and stormwater management planning.	Department of State

Physical Activity Projects

Route 9 Streetscape.....**\$100,000**
 Department of State
 The Town of Lake George will design and construct streetscape improvements along the Route 9 gateway corridor from Birch Avenue south to the Route 9N junction, incorporating multi-modal enhancements and stormwater treatment measures.

First Wilderness Heritage Corridor Plan Implementation Projects.....**\$553,500**
 Department of State
 Warren County working with the Towns of Hadley, Lake Luzerne, and Stony Creek and the Sacandaga-Hudson Advisory County will advance four projects to implement the intermunicipal First Wilderness Heritage Corridor Plan. Projects include construction of the first phase of a whitewater park on the Sacandaga River, upgrading of parking and restroom facilities at the Dean Farm Recreation Area, design of hamlet revitalization components in Stony Creek, and expansion and upgrading of teaching facilities at the Adirondack Folkschool.

Village of Hudson Falls Main Street Revitalization Program Phase II.....**\$195,000**
 Homes and Community Renewal
 The Village of Hudson Falls will use \$195,000 in New York Main Street funds to assist the owners of mixed-use buildings to complete commercial and residential renovation projects, and perform streetscape enhancements in the Village.

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	7	\$3.0 million

Albany County Rail Trail Development Project.....**\$500,000**
 Office of Parks, Recreation and Historic Preservation
 Albany County will construct the nine-mile section of the Albany County Rail Trail, linking the Town of Bethlehem to the City of Albany in the process. Plans for the trail include linkages to the City of Albany Riverfront, the City of Cohoes, and Rotterdam Junction, resulting in over 50 miles of continuous bike-hike trails.

Improvements at Charles R. Wood (Lake George Environmental) Park.....**\$750,000**
 Department of State
 The Village of Lake George, with project partners, will construct elements of the Charles R. Wood Park (Lake George Environmental Park) including a children’s adventure play area, skateboard park, interpretive elements, primary park entrance, signage, and sidewalks connecting to the Beach Road and the Warren County Bike Path.

Physical Activity Projects

Waterfront Park The City of Saratoga Springs will develop Waterfront Park, a 3.9-acre waterfront property on Saratoga Lake. The park will provide the only public access to the lake in the city and will include a playground, picnic alcove, recreational green, scenic overlook, beach, kayak launch, and public restroom facilities.	\$325,000 Office of Parks, Recreation and Historic Preservation
Green Gateway Improvements The Town of Lake George Gateway Improvement Project will use funding to combine Complete Streets design with green infrastructure practices such as porous pavement, bioretention, and stormwater street trees to improve water quality, pedestrian safety, and walkability, creating a gateway to the Lake George Region.	\$544,500 Environmental Facilities Corporation
Bike Hike Trail Reconstruction Schenectady County will reconstruct approximately two miles of existing Erie Canalway multi-use trail in the Town of Rotterdam, including historic and environmental signage and a handicapped accessible water fountain.	\$50,000 Canal Corporation
Prattsville Park Improvements The Town of Prattsville will restore two community parks devastated by Hurricane Irene in 2011, including construction of a soccer field, basketball court, playground, and an open-air pavilion.	\$250,000 Office of Parks, Recreation and Historic Preservation
Park South Mixed-use Redevelopment Albany Medical Center will initiate the Park South Mixed-use Redevelopment project, which includes improvements to streets, sidewalks, curbs, pedestrian crossings, street trees, water, and sewer mains and other utility lines, to prepare a two-block area.	\$500,000 Empire State Development

Physical Activity Projects

Mid-Hudson

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	13	\$3.7 million
<p>Complete Streets Corridor in Kingston..... \$1,500,000 This project will establish a trail on an historic rail bed and construct multi-modal infrastructure designed to provide safe, universally-accessible alternatives for moving about by bicycle, on foot, and other non-motorized means, while smoothing the flow of motorized vehicles in Kingston, NY. This project is intended to enhance livability, contribute to environmentally sustainable economic development, and reduce greenhouse gas emissions associated with vehicle-miles traveled. NYS Energy Research and Development Authority</p>		
<p>Design and Construction of Kingston Point Rail Trail..... \$73,650 The City of Kingston will design multi-modal connections along its Hudson River and Rondout waterfronts to the core of Kingston in Midtown. The project will provide safe alternatives for non-motorized transportation to create a more livable vibrant community through complete streets strategies and establishment of trail systems. Department of State</p>		
<p>Kingston Connectivity Project..... \$700,000 The Kingston Connectivity Project will create a more livable, vibrant community with the implementation of a rail trail network that will be designed and constructed to provide safe, universally accessible alternatives for bicyclists, pedestrians and other non-motorized means. The project will reduce fossil fuel emissions, encourage physical activity, and reduce traffic congestion. Office of Parks, Recreation and Historic Preservation (Heritage Areas System-Acquisition and Recreational Trail Federal Grants programs)</p>		
<p>Foothills Trailhead..... \$42,000 The Testimonial Gateway Trailhead Project is part of a multi-year initiative to protect ecologically important lands and enhance public recreational use of the Mohonk Preserve. The planning and design of a new trailhead will help the Preserve improve visitor safety by mitigating current dangerous traffic and parking patterns. The project will also improve connectivity between the Preserve and the Wallkill Valley Rail Trail, facilitating pedestrian access to three local business districts. Office of Parks, Recreation and Historic Preservation</p>		

Physical Activity Projects

Walkkill Valley Rail Trail Improvements	\$200,000
This project will improve and redevelop the Walkkill Valley Rail Trail between the northern border of New Paltz and the southern border of the City of Kingston. The proposed work includes regrading, ditching, and reshaling the surface; widening the shoulders of the rail trail; bridge repairs; road crossings; signage and kiosks; and parking area improvements. In addition, it seeks to improve access to nature preserves and parks adjacent to the rail trail.	Office of Parks, Recreation and Historic Preservation
New Paltz Walkkill River Rail Trail Program	\$23,000
The Town of New Paltz will improve a section of the Walkkill Valley Rail Trail within the Town. The project includes upgrading trailheads with information kiosks with maps, covered bicycle racks, uniform signage and mileage markers, and comfort stations with composting toilets. In addition, the project will repair the rail trail bridge over the Walkkill River.	Office of Parks, Recreation and Historic Preservation
Park Enhancements	\$500,000
The Town of Rosendale will build a new pool to replace the community pool closed last year due to unsafe conditions. In addition, the existing bath house will be modified to serve the town's rail trail system as a way station offering toilets, showers, and lockers.	Office of Parks, Recreation and Historic Preservation
Connecting FDR State Park to Yorktown	\$11,386
To increase recreational opportunities at Franklin D. Roosevelt State Park in Westchester County, volunteers will rehabilitate and construct a trail in the southeastern portion of the park. The project includes building two bridges, constructing a section of trail, installing 135 feet of boardwalk, and repairing damaged areas. The trail will connect the park to Yorktown's Business District.	Office of Parks, Recreation and Historic Preservation
Adriaens Way The Downtown Yonkers Trail	\$160,244
Groundwork Hudson Valley will undertake a feasibility study for the design and construction of a two-mile rail-trail that stretches from the Downtown Yonkers Waterfront to the 242nd Street subway station in Riverdale, NYC. The creation of this multi-use path is expected to revitalize several distressed neighborhoods in the lower Hudson Valley, help renew downtown Yonkers, and connect workers to transit hubs in Getty Square and New York City.	Office of Parks, Recreation and Historic Preservation

Physical Activity Projects

<p>Quarry Park and Trail Project</p> <p>Quarry Park, adjacent to Old Croton Aqueduct State Historic Park, is a 5.5-acre site that was Hasting-on-Hudson's first industry, a marble quarry, beginning in 1828. The final design of Quarry Park proposes a natural park setting with walking paths, shaded seating areas, an open-air venue, and interpretive signage, and the completion of Quarry Trail will provide the final link in the local trail system.</p>	<p>\$156,000</p> <p>Office of Parks, Recreation and Historic Preservation (Planning and Acquisition and Recreational Trail Federal Grants programs)</p>
<p>Comprehensive Plan Update</p> <p>The City of New Rochelle will build upon previous efforts to advance sustainable economic development. With careful consideration of New Rochelle's own sustainability plan, GreenNR, the City will continue its efforts to update its comprehensive plan, and amend its zoning code to foster private investment in a more compact, mixed-use, mixed-income, energy efficient, walkable development centered around the New Rochelle Transit Center.</p>	<p>\$198,000</p> <p>NYS Energy Research and Development Authority</p>
<p>Tarrytown Pedestrian Tunnel Accesway Project</p> <p>The Village of Tarrytown will prepare a feasibility study to identify options to restore and reopen the pedestrian pathway under the Metro North railroad tracks. This pathway will provide a link to the waterfront and increase public access to the Hudson River.</p>	<p>\$37,500</p> <p>Department of State</p>
<p>Design and Construction of Village Dock Extension</p> <p>The Village of Ossining will design an extension of an existing public dock along the Hudson River. The dock's extension will add recreational opportunities along the waterfront and promote tourism in the region.</p>	<p>\$21,500</p> <p>Department of State</p>

YEAR	2012	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$750,760
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<p>Waterfront Recreational Enhancement</p> <p>The City of Poughkeepsie, in partnership with the Town of Poughkeepsie, will plan and design a 2.5-acre waterfront park and walkway along the Hudson River shoreline adjacent to the proposed One Dutchess Ave mixed-use development.</p>	<p>\$250,760</p> <p>Department of State</p>
<p>Mohonk Preserve Acquisition</p> <p>The Mohonk Preserve Inc. will acquire and develop a parcel that is strategically located between the Village of New Paltz and the protected areas of the Shawangunk Mountains. Conservation of this land improves access to the Preserve's carriage road system for hikers, bicyclists, equestrians, and others, and will provide the Village with a trailhead that connects to the Shawangunks.</p>	<p>\$500,000</p> <p>Office of Parks, Recreation and Historic Preservation</p>

Physical Activity Projects

NYC

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2013	5	\$4.6 million
<p>Brooklyn Navy Yard Admiral's Row.....\$275,778</p> <p>The Blumenfeld Development Group will use GIGP funds to install a green roof above “Building C” in the Brooklyn Navy Yard. This is part of a larger mixed-use development project on a 6.08-acre site located at the corner of Navy Street and Flushing Avenue.</p> <p>Environmental Facilities Corporation</p>		
<p>Catalyst Revitalizing Waterfront Parks Phase IV.....\$350,000</p> <p>The NYC Department of Parks & Recreation, in partnership with the City Parks Foundation, will continue the Catalyst Reclaiming Our Waterfront Parks program, a collaborative Partnership For Parks public-private initiative between the two agencies. Catalyst is designed to plan and implement revitalization of underserved neighborhoods’ underutilized waterfront parks. Unique programs are developed at such targeted park communities, generating public consensus for the future of their waterfront neighborhood through community visioning that identifies issues, needs and opportunities, identification and mentoring of community leaders, and preparation of a plan to implement community and waterfront revitalization. This round of Catalyst will continue work in Kaiser and Calvert Vaux Parks on either side of Coney Island Creek in South Brooklyn, and launch the Catalyst Program at Faber Pool and Park in the Port Richmond area of Staten Island and at East Harlem waterfront parks along the East River from East 96th Street to East 132nd Street.</p> <p>Department of State</p>		
<p>Empire Outlets.....\$3,500,000</p> <p>Construction of a multi-purpose retail outlet center, hotel, restaurants, event space, parking, and state-of-the-art outdoor features including green roofs, waterfront plazas, and an esplanade.</p> <p>Empire State Development</p>		
<p>Oakwood Beach Habitat Restoration.....\$300,000</p> <p>The NYC Department of Environmental Protection will complete Phase 1 preliminary planning to restore salt marsh and sand dunes habitat in the Oakwood Beach neighborhood of Staten Island to become more resilient to future flood and storm surge damage and reduce the risk of persistent wildfires.</p> <p>Department of State</p>		
<p>Greenbelt Trail Sustainability Initiative.....\$192,000</p> <p>The Greenbelt Trail Sustainability Initiative will address erosion, poor drainage, and flooding on the Greenbelt’s trails, will enhance passage through the trail corridor with the removal of invasive plants and weeds, and will include installation of a culvert piping system, causeways, turnpikes, and foot bridges. The project will result in a safer, more enjoyable experience for hikers, walkers, and outdoor enthusiasts.</p> <p>Office of Parks, Recreation and Historic Preservation</p>		

Physical Activity Projects

YEAR	TOTAL PROJECTS AWARDED	TOTAL DOLLARS AWARDED
2012	3	\$1.6 million
Sunset Park Upland Connector The New York City Department of Transportation will partner with UPROSE to develop the Sunset Park Upland Connector, connecting Sunset Park to the waterfront. The project will improve the streetscape and establish pedestrian and bicycle connectivity to the Bush Terminal Piers Park and the Brooklyn Waterfront Greenway.		\$600,000 Department of State
Queensway Feasibility Study The Trust for Public Land will conduct a feasibility study for the QueensWay. Once constructed, the QueensWay will transform a 3.5-mile former rail line through the heart of Queens into a new pedestrian path and bikeway that will connect residents from the adjacent dense and diverse neighborhoods and will serve approximately 240,000 people living within one mile of the corridor.		\$467,000 Office of Parks, Recreation and Historic Preservation
Hell Gate Pathway Phase III New York City, in partnership with Randall’s Island Park Alliance, will complete a waterfront bicycle and pedestrian pathway system to link almost five miles of shoreline on the 500-acre Randall’s Island known as the “Hell Gate Pathway” project. The north-south pathway system will direct non-vehicular access to and between the park’s new and increasingly popular recreational facilities and scenic waterfront.		\$500,000 Office of Parks, Recreation and Historic Preservation

Physical Activity Projects

Long Island

YEAR	2013	TOTAL PROJECTS AWARDED	7	TOTAL DOLLARS AWARDED	\$5.4 million
		Long Island Park & Preserve Access Improvement Project		\$200,000	
		Nassau County proposes to initiate planning and design and begin the first phase of construction for a cost-effective, interconnected set of pathways for residents and tourists to walk, bike, and ride from the LI Sound to the Great South Bay and Jones Beach, thus solving the limited options for north-south transportation on Long Island and developing the currently underutilized network of existing bike paths into safe transit corridors.			Office of Parks, Recreation and Historic Preservation
		The Glen Cove Waterfront Connector Reconstruction of Herb Hill/Garvies Point Road		\$2,500,000	
		The City of Glen Cove project will reconstruct the waterfront connector, including elevation of the road section, utility upgrades and relocation, enhanced drainage systems, and ADA compliant sidewalks. The project will improve mobility between the waterfront and downtown areas.			Empire State Development Grants
		The Meadows at Yaphank		\$1,500,000	
		The Meadows at Yaphank is a mixed-use development comprising of residential, retail, office, hospitality, parks, and open space in a Traditional Neighborhood Design.			Empire State Development
		Wyandanch Rising		\$1,000,000	
		The Town of Babylon will install an ice rink within the Intermodal Plaza adjacent to the train station within the Opportunity Agenda Area. The project also involves the construction of two pedestrian bridges at nearby Geiger Park.			Empire State Development
		Design and Construction of Peconic River Pedestrian Bridge		\$85,875	
		The Town of Southampton will plan and design a pedestrian footbridge over the Peconic River. The project will link downtown Riverhead to the Riverside commercial core, furthering the revitalization of these communities.			Department of State
		Planning for Good Ground Park		\$128,519	
		The proposed project will produce construction plans and bid documents for the development of Good Ground Park, a 36.2-acre town-owned parcel in the Hampton Bays' central business district. The park will include a concert venue, village green, children's play area, trails, bocce courts, and a parking area, and is the key element in an ongoing downtown revitalization effort.			Office of Parks, Recreation and Historic Preservation

Physical Activity Projects

Town of Smithtown Local Waterfront Revitalization Program Update	\$30,000
The Town of Smithtown will update its Local Waterfront Revitalization Program adopted in 1989 with the goal of enhancing the preservation of natural assets, preserving fisheries through the control of pollutants to the Nissequogue River and Long Island Sound and improving public access to coastal areas.	Department of State

YEAR	2012	TOTAL PROJECTS AWARDED	2	TOTAL DOLLARS AWARDED	\$606,530
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Port Jefferson Pedestrian Trail Enhancements and Waterfront Parking Reconfiguration	\$106,530
The Village of Port Jefferson will improve two pedestrian walkways connecting Port Jefferson’s downtown commercial district on West Broadway, the upper historic district on East Main Street and West Broadway, across the nearby Harbor complex, and restore the Baker Alley easement on East Main Street.	Department of State

Restoration of River Overlooks at Centennial Park	\$500,000
The Village of Rockville Centre will make improvements to Centennial Park to improve park patron safety, preserve the utility of the park, and mitigate negative impacts on Mill River. Walking paths will be rerouted and reconstructed to provide continuous pathways through the park. Lookout decks will be replaced and buffers installed between the river and areas of use. Upgrades will be made to playgrounds, basketball courts, and parking lots to accommodate increased usage.	Office of Parks, Recreation and Historic Preservation

Appendix B. New York State County Health Rankings—2014

The County Health Rankings show correlations between environment and health. The Bronx ranked worst in employment, health factors and health outcomes, while Tompkins ranked first in employment and second in both health factors and health outcomes. These modifiable factors are linked to health outcomes, health care savings, and increased productivity. Residents in lower-ranking areas are likely to have healthier lives if they have infrastructure comparable to those in the higher-ranking counties.

More information about the 2014 County Health Rankings National Data is available at www.countyhealthrankings.org/rankings/data.

Rank	Health Outcomes	Rank	Health Factors
1	Livingston	1	Nassau
2	Tompkins	2	Tompkins
3	Rockland	3	Saratoga
4	Putnam	4	Putnam
5	Saratoga	5	Westchester
6	Nassau	6	Rockland
7	Westchester	7	Ontario
8	Yates	8	Suffolk
9	Schoharie	9	Dutchess
10	Ontario	10	Albany
11	Dutchess	11	New York
12	Tioga	12	Livingston
13	Warren	13	Columbia
14	Madison	14	Madison
15	Suffolk	15	Schenectady
16	Wyoming	16	Tioga
17	Essex	17	Otsego
18	Queens	18	Rensselaer
19	Cayuga	19	Warren
20	Allegany	20	Onondaga
21	Lewis	21	Orange
22	New York	22	Hamilton
23	Orange	23	Erie
24	Delaware	24	Monroe
25	Otsego	25	Essex
26	Seneca	26	Genesee
28	Richmond	28	Yates
29	Ulster	29	Ulster

Rank	Health Outcomes
30	Albany
31	Jefferson
32	Clinton
33	Chenango
34	Rensselaer
35	Onondaga
36	Washington
37	Oswego
38	Monroe
39	Schenectady
40	Steuben
41	Cortland
42	Herkimer
43	Franklin
44	Schuyler
45	Wayne
46	Columbia
47	Montgomery
48	Broome
49	Orleans
50	Kings
51	Oneida
52	Cattaraugus
53	Erie
54	Chautauqua
55	St. Lawrence
56	Fulton
57	Greene
58	Hamilton
59	Niagara
60	Chemung
61	Sullivan
62	Bronx

Rank	Health Factors
30	Broome
31	Wyoming
32	Cortland
33	Seneca
34	Clinton
35	Oneida
36	Delaware
37	Wayne
38	Schoharie
39	Herkimer
40	Washington
41	Chenango
42	Cayuga
43	Queens
44	Allegany
45	Niagara
46	Lewis
47	Schuyler
48	Chautauqua
49	Chemung
50	Fulton
51	Greene
52	Jefferson
53	Franklin
54	Steuben
55	Cattaraugus
56	St. Lawrence
57	Kings
58	Oswego
59	Montgomery
60	Sullivan
61	Orleans
62	Bronx

Rankings related to features that promote good diet and exercise and employment:

County	Diet and Exercise	Employment
(A-N)	Rank	Rank
Albany	16	8
Allegany	54	32
Bronx	60	62
Broome	37	42
Cattaraugus	42	44
Cayuga	8	22
Chautauqua	33	30
Chemung	51	37
Chenango	23	27
Clinton	49	52
Columbia	9	9
Cortland	26	40
Delaware	31	43
Dutchess	12	17
Erie	40	26
Essex	13	54
Franklin	52	50
Fulton	28	61
Genesee	35	14
Greene	56	47
Hamilton	14	35
Herkimer	58	45
Jefferson	55	55
Kings	21	53
Lewis	24	56
Livingston	38	25
Madison	22	38
Monroe	34	19
Montgomery	57	57
Nassau	3	5
New York	1	12

County	Diet and Exercise	Employment
(N-Z)	Rank	Rank
Niagara	48	46
Oneida	36	34
Onondaga	29	21
Ontario	15	10
Orange	10	24
Orleans	61	58
Oswego	62	60
Otsego	39	20
Putnam	27	2
Queens	11	23
Rensselaer	18	15
Richmond	25	31
Rockland	7	3
St. Lawrence	59	59
Saratoga	6	4
Schenectady	32	16
Schoharie	47	48
Schuyler	41	29
Seneca	43	18
Steuben	50	51
Suffolk	5	11
Sullivan	53	49
Tioga	30	28
Tompkins	4	1
Ulster	17	41
Warren	19	36
Washington	46	13
Wayne	45	33
Westchester	2	7
Wyoming	44	39
Yates	20	6

Appendix C. Reports Informing the Selected Health-promoting Strategies

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About NYAM

The New York Academy of Medicine advances the health of people in cities.

An independent organization since 1847, NYAM addresses the health challenges facing the world's urban populations through interdisciplinary approaches to policy leadership, innovative research, evaluation, education, and community engagement. Drawing on the expertise of our professional staff, diverse partners worldwide and more than 2,000 elected Fellows from across the professions, our current priorities are to create environments in cities that support healthy aging; to strengthen systems that prevent disease and promote the public's health; to eliminate health disparities; and to preserve and promote the heritage of medicine and public health.

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About DASH-NY

The Designing a Strong and Healthy New York (DASH-NY) Obesity Prevention Coalition and Policy Center was launched through support from the New York State Department of Health in April 2010. DASH-NY is staffed by The New York Academy of Medicine (NYAM), located in East Harlem in New York City. The work of DASH-NY focuses on policy, systems, and environmental changes that will lead to equitable community environments where healthy eating, active living, and access to preventive health care services are a reality for all New Yorkers.

DASH-NY convenes partners from multiple sectors, such as transportation, agriculture, economic development, planning, education, academia, health care, and more, to develop sustainable, cross-cutting strategies for reducing the burden of obesity and chronic disease.

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