

East Harlem Community Resource Guide

helping children soar



**NYC PROJECT
LAUNCH**

**Strong families and communities
Promoting social and emotional development
Healthy, happy and successful children**

April 2012

NYC
Health

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Introduction

Welcome to the East Harlem Community Resource Guide. Inside you'll find many free and low cost resources for families in and near East Harlem. Below are important hotlines and descriptions of each section of this guide. Programs may change. For the most recent version of this guide, visit nyc.gov and search for *East Harlem Resource Guide*.

24-Hour Helplines and Hotlines

Domestic Violence Hotline: 800-621-HOPE (4673) or 311

Provides information on emergency shelter, counseling, legal assistance and benefits available by area. Translation is available in 179 languages.

New York Foundling Parent Helpline and Crisis Nursery: 888-435-7553

Provides crisis counseling and intervention, linkages to community-based support services, emergency childcare, parenting support and information. Helpline is available 24 hours a day, seven days a week.

LifeNet Mental Health and Substance Use Helpline: 800-LIFENET (800-543-3638)

For information, referrals and crisis assessments for mental health, alcohol or substance use, LifeNet is a free and confidential helpline available 24 hours per day, seven days per week. Available in many languages.

Section Descriptions

After School Programs

After school programs provide academic and recreational activities for children and adolescents. Programs operate after school hours or in the summer.

Art Programs

Art programs offer children and family classes and training in music, dance, theater and visual arts.

Domestic Violence Services

Domestic violence services for families include referrals to emergency shelters, temporary assistance with child care, counseling and other services.

Early Care and Education

Early care and educational programs for young children include Day Care and Child Care Services, Early Intervention, Head Start, Universal Pre-Kindergarten, Early Care and Education and Living for the Young Family through Education (LYFE) programs. Early care and education programs are free or low cost.

Family Support

Family Support programs provide a variety of support services to families. Programs include peer support groups for parents and caregivers of children with social and emotional challenges, nutritional education, parenting classes, family counseling, respite care, preventive services to help prevent children from entering foster care, support to reunite parents with children who are placed in foster care, and home visiting programs for pregnant women and new mothers.

Financial Services and Jobs Assistance

Financial services and job assistance programs offer employment search assistance, legal services and financial empowerment programs.

Food Pantries, Soup Kitchens and Farmer's Markets

Food pantries, soup kitchens and farmer's markets are places to obtain food for you and your family. Select Farmer's Markets take Electronic Benefit Transfer (EBT) cards and/or Food Stamps.

Legal Services, Advocacy and Entitlement Access

Legal services include free and low cost help and counsel to families about housing, public assistance, income taxes, immigration, child abuse and HIV.

Libraries

Libraries offer computer and Internet access as well as programs for children and families. Contact your nearest library for a schedule of activities.

Mental Health Services

Mental health services include outpatient and inpatient care for children, adolescents and adults. Programs offer confidential assessments, short and long-term counseling, psychotherapy, family therapy and mental health treatment. For up-to-date information about mental health programs, search the New York State Office of Mental Health website at bi.omh.ny.gov/bridges/index.

Primary Care Providers and Clinics

Primary care includes pediatric care, adolescent health care, adult medicine and women's health.

Substance Use Services

Substance use services for adolescents and adults include inpatient and outpatient care and crisis, residential and methadone programs. For up-to-date information about substance use programs, search the New York State Office of Alcoholism and Substance Abuse Services website at oasas.ny.gov/providerDirectory/index.cfm?search_type=2.

After School Programs

After school programs provide academic and recreational activities for children and adolescents. Programs operate after school hours or in the summer.

Association to Benefit Children Therapeutic After School Program

After School Program

419 East 86th Street

Contact: 212-845-3821

Website: a-b-c.org/index.html

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: Citywide

Languages: Primarily English, some Spanish

Other Services: Summer day camp, youth leadership development group for teens, supportive housing and mental health services

Note: Year-round engaging services (e.g. activities, field trips) have been specifically designed to reach children and teens who are homeless, emotionally disturbed, have severe disabilities and are medically fragile.

Boys and Girls Harbor, Inc.

Harbor After School Program

1 East 104th Street

Contact: 212-427-2244

Website: boysandgirlsharbor.net

Eligibility: Must be school-aged child under age 13

Cost: None

Areas Served: Harlem

Languages: English, Spanish

Other Services: Provides college prep courses and performing arts classes

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Boys Club of NY Gerry Clubhouse

After School Program

321 East 111th Street

Contact: 212-534-2661

Website: bcny.org/for-members-and-parents/gerry-clubhouse

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Other Services: Sports, swimming lessons, homework assistance and recreation programs

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Boys and Girls Club

Manhattan Center for Science and Mathematics

After School Program

280 Pleasant Avenue

Contact: Elizabeth Blanco
212-876-4639

Website: childrensaidsociety.org/after-school/after-school-programs

Eligibility: Must be school-aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English

Note: Provides recreational activities, tutoring and homework help.



After School Programs

Children's Aid Society

After School Programs

East Harlem Center: 130 East 101st Street

Dunley Milbank Center: 14-32 West 118th Street

Contact: East Harlem Center:

Yoselin Gonzalez 212-348-2343

yoseling@childrensaidsociety.org

Dunley Milbank Center:

Caster Lassiter 212-996-1716

casterl@childrensaidsociety.org

Website: childrensaidsociety.org

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: After school programs, health services, educational services, sports and recreational activities, early childhood development, counseling services and family support services

Note: Provides regular after school care and full-day programs during school breaks and vacations

East Harlem Little League

Teeball and Baseball Program

307 East 116th Street

Contact: 212-591-0106

eastharlemll@aol.com

Website: leaguelineup.com/eharlemll

Eligibility: Children ages 4-18

Cost: New applicants \$140, returning children \$80

Areas Served: East Harlem

Languages: English

East Harlem Tutorial Program

After School Program

2050 Second Avenue

Contact: Adam

212-831-3135

Website: ehftp.org

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Elementary program, college program, summer program and community program

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Falu Foundation

After School Program

333 East 118th Street

Contact: Georgina Salu

212-828-6699

salu@falufoundation.org

Website: falufoundationny.org/programs.htm

Eligibility: Must be school aged child under age 13

Cost: \$75 a week after school; \$150 a week day care center

Areas Served: East Harlem

Languages: Primarily English

Other Services: Provides summer camp, computer classes and training, vocational services and free internet and technology center

Note: Provides regular after school care and full-day programs during school breaks and vacations.

After School Programs

GOAL INC. at P.S. 171

After School Program

19 East 103rd Street

Contact: Bryan Powell, Executive Director

917-628-7600

bryan@goal4kids.org

Website: goal4kids.org/

Eligibility: Students at PS 171 in grades 3 to 8

Cost: None

Areas Served: East Harlem

Languages: English

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Harlem Children's Zone Community Center

After School Program

35 East 125th Street

Contact: Shana Bordnax

212-360-3255

sbordnax@hcz.org

Website: hcz.org/home

Eligibility: Must be school aged child under age 13

Cost: None

Other Services: Charter schools, health services, educational services, crisis intervention, recreational and cultural activities, early childhood development and family development programs

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Harlem RBI Inc.

After School and Summer Programs

333 East 100th Street

Contact: 212-722-1608

info@harlemrbi.org

Website: harlemrbi.org

Eligibility: School aged children through age 18

Cost: None

Areas Served: East Harlem

Languages: English and Spanish

Other Services: Baseball and softball camps and leagues, teen center, academic support, job training, crisis intervention and family support

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Isaacs Center After School Program at P.S. 112

After School Program

535 East 119th Street

Contact: Esther Grant Walker

212-427-2520

egrant-walker@isaaccenter.org

Website: isaacscenter.org/home.htm

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served:

Languages: English and Spanish

Other Services: Provides day camp, holiday camp and educational enrichment programs

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Mt. Zion A.M.E. Church

After School Program

1765 Madison Avenue

Contact: Reverend Johnson

212-369-6643

alfreda2081@gmail.com

Website: mountzionamenyc.org

Eligibility: Children 4 to 12 years of age

Cost: None

Areas Served: Upper Manhattan

Languages: English and Spanish

Other Services: Food pantry, soup kitchen and summer program for children and teens

Note: Provides regular after school care and full-day programs during school breaks and vacations.

After School Programs

Northside Center for Child Development

After School Program

35 East 110th Street

Contact: Danny Marangiello

212-426-3400

Website: northsidecenter.org

Eligibility: Must be child under age 13

Cost: Varies based on family size and income

Areas Served: Harlem

Languages: English, Spanish

Other Services: Provides Therapeutic Early Childhood Center, Head Start, Early Head Start, mental health clinic, preventive service program and remedial tutoring

Note: Provides regular after school care and full-day programs during school breaks and vacations.

New York City Housing Authority (NYCHA) DeWitt Clinton Community Center

After School Program

120 East 110th Street

Contact: 212-876-1240

Website: nyc.gov/html/nycha/html/community/community.shtml

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Social services, health services, employment services and senior services

Note: Performing arts, education programs, literacy programs, recreational activities, games and sports programs.

NYC Parks & Recreation Thomas Jefferson Center

After School Program

2180 First Avenue

Contact: Laura Nunez

212-860-1383

laura.nunez@parks.nyc.gov

Eligibility: Must be child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides fitness programs, karate, tennis, a game area and swimming

Note: Provides regular after school care and full-day programs during school breaks and vacations.

NYCHA East River Community Center

After School Program

404 East 105th Street

Contact: Elena Williams

212-348-1220

Website: nyc.gov/html/nycha/html/community/community.shtml

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides teen night center from 6:30pm-9:45pm for ages 13-19

Note: Provides regular after school care and full-day programs during school breaks and vacations.

After School Programs

NYCHA Herbert H. Lehman Community Center

After School Program

1589 Madison Avenue

Contact: Robert Anthony

212-876-6480

Website: [nyc.gov/html/nycha/html/community/
community.shtml](http://nyc.gov/html/nycha/html/community/community.shtml)

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Provides social services, health services, employment services and senior services

Note: Performing arts, education programs, literacy programs, recreational activities, games and sports programs.

NYCHA R.F. Wagner Houses Community Center

After School Program

435 East 120th Street

Contact: 212-831-6688

Website: [nyc.gov/html/nycha/html/community/
community.shtml](http://nyc.gov/html/nycha/html/community/community.shtml)

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Social services, health services, resident employment services and senior services

Note: Performing arts, education programs, literacy programs, recreational activities, games and sports programs.

NYCHA Jackie Robinson Community Center

After School Program

110 East 129th Street

Contact: Yunique Win

212-348-7900

Website: [nycgovparks.org/facilities/
recreationcenters/M014](http://nycgovparks.org/facilities/recreationcenters/M014)

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides a computer resource center, library and pool

Note: Provides regular after school care and full-day programs during school breaks and vacations.

SCAN NY

Laguardia Memorial House

After School Program

307 East 116th Street, Suite 2

Contact: Deana Alexander

212-534-7800

deanaalexander@gmail.com

Website: scanny.org

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English and Spanish

Other Services: Provides family support services, preventive services, prevention programs, youth counseling, tutoring services and college/career readiness programs

Note: Provides regular after school care and full-day programs during school breaks and vacations.

After School Programs

SCAN NY Volunteer Parent Association

*JHS 45 El Faro Beacon
After School Program
2351 First Avenue*

Contact: Michael Melendez
212-426-2000
mike.morales23@yahoo.com
Website: scanny.org

Eligibility: Must be school aged child under age 13
Cost: None

Areas Served: East Harlem

Languages: English

Other Services: Adult programs, other services provided at El Faro Beacon include after school and weekend respite care for children with developmental delays

Note: Provides regular after school care and full-day programs during school breaks and vacations.

SCAN NY Volunteer Parent Association

*JHS 99 La Isla Del Barrio Beacon
After School Program
410 East 100th Street*

Contact: 212-722-4090
Website: scanny.org

Eligibility: Must be school aged child under age 13
Cost: None

Areas Served: Harlem

Languages: Spanish, English

Note: Provides regular after school care and full-day programs during school breaks and vacations.

The Salvation Army at Manhattan Citadel

*After School Program
175 East 125th Street*

Contact: 212-860-3200

Eligibility: Children 5-12 years of age with completed application

Cost: \$25.00 per week

Areas Served: School District 5

Languages: Primarily English, some Spanish

Other Services: Provides adult programs

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Thomas Jefferson Recreation Center

*After School Program
Sports and Recreational Activities
2180 First Avenue*

Contact: 212-830-1383

Website:

nycgovparks.org/parks/thomasjeffersonpark

Eligibility: Children ages 6 to 13 years old for after school program.

Cost: None

Areas Served: Upper Manhattan

Languages: English

Other Services: Fitness room and classes, game room, playground and picnic area and various athletic fields

Note: Facilities are available for families to use year round.



After School Programs

Union Settlement Association: Bridges Program

After School Program

260 Pleasant Avenue

Contact: Robert Johnson

646-326-1860

rjohnson@unionsett.org

Website: unionsettlement.org/bridges

Eligibility: For children in middle school: ages 11-15. 150 slots per year available on a first-come, first serve basis. Applications available beginning of September

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Childcare for young children, college readiness program, adult education program, sports, recreational activities for senior citizens and mental health services

Note: Housed at Isaac Newton Middle School for Math and Science. Year round after-school care, summer activities, Saturday academy and high school prep are available as part of the program.

Union Settlement Association: Rising Stars Program

After School Program

Washington Community Center: 1893 Second Avenue

Leggett Memorial Center: 237 East 104th Street

Contact: 212-828-6111

Website: unionsettlement.org/youth

Eligibility: Children ages 5-12, registration forms available online, only original copies accepted

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Childcare for young children, college readiness program, adult education program, sports, recreational activities for senior citizens and mental health services

Note: Rising Stars program provides after school care, activities and tutoring when school is in session. Recreational activities are provided during the summertime.

Y After School at AEC 117

After School Program

240 East 109th Street

Contact: Ethel Coaxum

212-360-5683

ecoaxum@ymcanyc.org

Website: ymcanyc.org/harlem

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Summer day camp

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Y After School at P.S. 57

After School Program

176 East 115th Street

Contact: Latoya Jackson

212-912-2162

ljackson@ymcanyc.org

Website: ymcanyc.org/harlem

Eligibility: Must be school aged child under age 12 and attend P.S. 57

Cost: None

Areas Served: East Harlem

Languages: English

Other Services: Provides summer day camps in July and August.

Y After School at P.S. 83

After School Program

219 East 109th Street

Contact: Ethel Coaxum

917-575-3198

ecoaxum@ymcanyc.org

Website: ymcanyc.org/harlem

Eligibility: Must be school aged child under age 13

Cost: None

Areas Served: East Harlem

Languages: English, Spanish and French

Other Services: Summer day camp in July and August

Note: Provides regular after school care and full-day programs during school breaks and vacations.

Art Programs

Art programs offer children and families classes and training in music, dance, theater and visual arts.

Boys and Girls Harbor

Harbor Conservatory for the Performing Arts

1 East 104th Street

Contact: Valerie Varela

212-427-2244 x573

Vvarela@theharbor.org

Website: boysandgirlsharbor.net/programs/harborconservatory.htm

Eligibility: Children, adolescents and adults age three and up

Cost: Varies based on classes chosen.

Areas Served: East Harlem

Languages: Mostly English, some Spanish

Other Services: Provides child care, after school programs, a charter school, prevention services and behavioral health services

Note: Offers programs for all ages and levels in classic and jazz music, vocal training, musical theater, theater arts and technique and various styles of dance.

Children's Aid Society

Art Classes and Programs

East Harlem Center

130 East 101st Street

Contact: 212-949-4800

Website: childrensaidsociety.org/arts

Eligibility: None

Cost: None

Areas Served: East Harlem

Languages: English

Other Services: After school programs, health services, educational services, sports and recreational activities, early childhood development, counseling services and family support services

Note: Includes children's choir, music classes, dance and movement instruction, visual and digital art instruction, dramatic arts and a rotating schedule of group classes including printmaking, origami, mat weaving, book binding, architecture, cartoon art, jewelry design, painting, photography, pottery, puppetry and woodworking.

Dance Theatre of Harlem

Family Dance and Fitness Programs

466 West 152nd Street

Contact: 212-690-2800

Website:

dancetheatreofharlem.org/familyandopenclasses

Eligibility: Ages vary by class.

Cost: Varies based on program. Family Fit class offered for \$1.

Areas Served: Harlem

Languages: English

Other Services: Provides dance instruction and training by audition only, Dancing Through Borders education and outreach program and a school-time performance series

Note: Programs include: Dance With Me! music and dance program for parents and toddlers, Family Fit! dance workout for the entire family (children ages 6 and up) and a West African dance and music class.



Art Programs

El Museo del Barrio

Art and Cultural Education Programs
1230 Fifth Avenue

Contact: 212-831-7272

Website: elmuseo.org/

Eligibility: None for family programs and museum admission. School programs are offered to students in participating schools in grades pre-kindergarten through 12

Cost: Most public and family programs are free with admission. School programs are offered for a small school fee. Admission to museum is free third Saturday of each month and children under 12 are always free.

Areas Served: Citywide

Languages: English, Spanish

Other Services: Offers rotating exhibits, guided tours, a permanent collection, educational lectures and performances and cultural celebrations

Note: Provides hands on creative workshops, cultural art activities and guided art tours for school and community groups.

Harlem Children's Zone

TRUCE Arts and Media Program
35 East 125th Street

Contact: 212-360-3255

info@hcz.org

Website: hcz.org/programs/high-school

Eligibility: Students in grades 9 to 12

Cost: None

Areas Served: Harlem

Languages: English

Other Services: After school programs, charter schools, health services, educational services, crisis intervention, recreational and cultural activities, early childhood development and family development programs

Note: TRUCE program focuses on academic growth, career readiness, media literacy and artistic ability.

Harlem School of the Arts

Visual and Performance Art Programs
645 St. Nicholas Avenue

Contact: Rona Carr

212-926-4100

rcarr@hsanyc.org

Website: hsanyc.org

Eligibility: None

Cost: Cost varies based on program. Scholarships and financial aid are available.

Areas Served: Harlem

Languages: English

Other Services: Offers advanced preparatory training, adult classes and educational outreach programs

Note: Provides programs and classes in dance, theater and music and visual arts including early childhood and summer programs.

Museum of the City of New York

Student and Family Art Programs
1220 Fifth Avenue

Contact: 212-534-1672

info@mcny.org

Website: mcny.org/education/

Eligibility: None for family programs and museum admission. School programs are offered to students in participating schools in grades pre-kindergarten through 12 and require a reservation.

Cost: Most public and family programs are free with admission. School programs are offered for a small school fee. Museum admission is free for people who live or work in East Harlem above 103rd Street. Mention "I'm a neighbor," and the suggested admission charge will be waived. Children under 12 are always free.

Areas Served: Citywide

Languages: English

Other Services: Offers rotating exhibits, guided tours, children's birthday parties, a permanent collection and educational lectures and performances

Note: Programs include high school theater program, Neighborhood Explorers program for grades 8 to 10, cultural performances, family programs, interactive student lectures and creative reading and writing programs.

Domestic Violence Services

Domestic violence services for families include referrals to emergency shelters, temporary assistance with child care, counseling and other services

Domestic Violence 24-hour Hotline

Contact: 800-621-HOPE (4673) or 311

Description: Provides information on emergency shelter, counseling, legal assistance and benefits available by area. Translation is available in 179 languages.

Prevention Assistance and Temporary Housing (PATH) Office

Shelter Housing for Families and Pregnant Women

151 East 151st Street

Contact: 917- 521-3900

Website:

nyc.gov/html/dhs/html/homeless/famserv.shtml

Eligibility: For families with children under the age of 21, must be in immediate need of temporary emergency shelter

Cost: None

Areas Served: Citywide

Languages: English, Spanish

Note: Open 24 hours a day 7 days a week, bring identification and proof that you qualify (eviction notice, marshal's notice, lease etc.)

Safe Horizon

Manhattan Domestic Violence Program
100 East 122nd Street

Contact: 212- 316-2100

24-hour hotline: 800- 621-HOPE

Website: safehorizon.org

Eligibility: Victims of crime and abuse, including domestic violence, rape and sexual assault, and other violent crimes.

Cost: None

Areas Served: Manhattan

Languages: Chinese, Haitian, Creole, Hindi, Spanish, Urdu

Other Services: Community education, crisis counseling, domestic violence, elder abuse, emergency assistance/transportation, legal services, long term counseling, referrals, sexual assault, shelter/housing and stalking assistance

Note: Call for hours of operation.



Early Care and Education

Early care and educational programs provide educational opportunities and day care services for young children. Programs include Day Care and Child Care Services, Early Intervention, Head Start, Universal Pre-Kindergarten, Early Care and Education and LYFE programs. Early care and education programs are free and low cost.

Day Care and Child Care Services

Resources and referrals to help parents to access licensed, quality group family child care, family child care and school-age care (public and private) in New York City. Day care and child care costs vary by program. Group child care is for 6 to 12 children and family child care is for 3 to 6 children.

Bureau of Child Care

*Regulatory Agency for NYC DOHMH
Group Child Care Services*

*Manhattan Borough Office
22 Cortlandt Street, 28th Floor*

Contact: 212-313-5105
212-313-5156

Website: nyc.gov/html/doh/html/dc/dc.shtml

Eligibility: None

Areas Served: Manhattan

Languages: English, Spanish

Note: Provides information about childcare and day care services with searchable child care and day care directories, information for parents, information for day care and child care providers and information on New York City Health Codes.

Citizen's Care Day Care Center #2

Group Child Care

2322 Third Avenue

Contact: Nancy Moore
212-427-6766

Eligibility: Children 2-6 years of age

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Dawning Village

Group Child Care

2090 First Avenue

Contact: Anne Ng
212-369-5313

dawningvillage@yahoo.com

Eligibility: Children 2-5 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish, Cantonese

Other Services: Bilingual Program, developmental/behavioral health evaluations for children

Note: To find out if you are eligible and apply for subsidized child care call 311.

Early Care and Education

East Harlem Council for Human Services

Family Child Care

2253 Third Avenue, 3rd Floor

Contact: Rafiana Martinez

212-427-8876

Website: boriken.org

Eligibility: Children from 6 weeks to 2 years and 6 months years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Note: Parents must be employed to have their children enroll. To find out if you are eligible and apply for subsidized child care call 311.

East River Children's Center

Group Child Care

416 East 105th Street

Contact: 212-534-7133

Eligibility: Children 2-5 years of age.

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English

Note: To find out if you are eligible and apply for subsidized child care call 311.

Laguardia House Nursery

Group Child Care

414 East 105th Street

Contact: Gloria Ferrer

212-722-7441

Eligibility: Children 2-4 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Nutrition, parent workshops, child abuse prevention and partnerships with other agencies

Note: To find out if you are eligible and apply for subsidized child care call 311.

Lexington Children's Center

Group Child Care

115 East 98th Street

Contact: Rosa Gillese 212-410-1060

Eligibility: Children 2-4 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Note: To find out if you are eligible and apply for subsidized child care call 311.

Early Care and Education

Boys and Girls Harbor, Inc.

Harbor Oasis Day Care

Boys and Girls Harbor Day Care

2211 First Avenue

1 East 104th Street

Contact: 2211 First Avenue: 212-534-3999

1 East 104th Street: 212-427-2244 x429

Website:

boysandgirlsharbor.net/programs/daycare.html

Eligibility: 18 months and up

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides after school program

Note: To find out if you are eligible and apply for subsidized child care call 311.

Metro North DCC

Group Child Care

304 East 102nd Street

Contact: Soukeyna Boye Spivey

212-828-6415

soukeyna@adcorp.org

Eligibility: Children 2-5 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: Spanish, English, French

Note: To find out if you are eligible and apply for subsidized child care call 311.

Neighborhood Children's Center

Group Child Care

173 East 112th Street

Contact: Rosalyn Inman

212-876-3366

neighborhoodday@aol.com

Eligibility: Family Day Care (children 6 months to 2 years of age); Group Day Care (children 2-4 years of age)

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Other Services: CACP (Child Adult Care Food Program), referrals for children with special needs and on-site therapy sessions available for children

Note: To find out if you are eligible and apply for subsidized child care call 311.

Pequenos Souls Day Care

Group Child Care

114 East 122nd Street

Contact: Barbara Brandon

212-427-7644

psdcc@aol.com

Eligibility: Children 2-5 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Parent workshops

Note: To find out if you are eligible and apply for subsidized child care call 311.

Early Care and Education

Pleasant Avenue Day Care Center

Group Child Care

451 East 120th Street

Contact: Robin Brown

212-534-0887

padbc451@aol.com

Website: pleasantavenuedaycare.org/index.html

Eligibility: Children 2-4 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Note: To find out if you are eligible and apply for subsidized child care call 311.

Taft Day Care Center

Group Child Care

1724-26 Madison Avenue

Contact: Beverly Largie

212-831-0556

Website: childrensaidsociety.org

Eligibility: Children 2-4 years of age

Cost: Free and low cost child care is available based on family's income and reason for requiring child care including: parent working or in approved training or educational program or family receiving services from Administration for Children's Services (ACS) or the Human Resources Administration

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Nutrition and social services

Note: To find out if you are eligible and apply for subsidized child care call 311.

Union Settlement Association

Leggett Memorial Day Care Center

Union Carver Day Care Center

Union Washington Day Care Center

Leggett Memorial: 237 East 104th Street

Union Carver: 1565 Madison Avenue

Union Washington: 1893 Second Avenue

Contact: Leggett Memorial: Ivelize Eatman

212-828-1051

Union Carver: Madeline Samuel 212-828-6078,
msamuel@unionsett.org

Union Washington: Daseta Gray 212-828-6089

Website: unionsettlement.org/childcare

Eligibility: Children 2-5 years of age

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Child care program for children up to age 12, youth leadership programs, adult education, mental health, senior citizen services and HIV support.



Early Care and Education

Early Intervention Program

A comprehensive intervention program that supports infants and toddlers diagnosed with physical or mental developmental delays from birth through age two in their efforts to realize their full potential.

NYC Department of Health and Mental Hygiene

Early Intervention Manhattan Regional Office

42 Broadway, Suite 1611

Contact: 212-487-3920

311 and ask for Early Intervention

Website:

nyc.gov/html/doh/html/earlyint/earlyint.shtml

Eligibility: Infants and toddlers from birth through age two who live in New York City and who have a diagnosed physical or mental condition that has a high probability of resulting in a developmental delay, or who are suspected of having a developmental delay or disability are entitled to a developmental screening or a comprehensive evaluation to determine eligibility for additional early intervention services.

Cost: Both initial evaluation and continuing treatment (if eligible) are free.

Areas Served: Manhattan

Languages: Services are provided in many languages. Call to find out more.

Note: Services include special Instruction, occupational therapy, speech therapy, physical therapy, psychological services, family training, counseling, assistive technology and respite services.

Early Head Start and Head Start Programs

Early Head Start and Head Start are free educational programs young children and support services for their families. Early Head Start serves children from birth to age three and Head Start serves children ages three to five.

Association to Benefit Children

ECHO Park Early Childhood Center

Early Head Start and Head Start

1841 Park Avenue

Contact: Mary Ellen Rooney

646-459-6024 or 646-459-6045

mrooney@ab-c.org

Jessica Casanova

646-459-6000 x 43 or 646-459-6172

jcasanova@ab-c.org

Website: ab-c.org

Eligibility: Early Head Start: children 1-3 years of age from low income families. Head Start: children 3-5 years of age from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Universal Pre-Kindergarten, group child care, nutrition, health care, family resource center, social services, mental health clinic, after-school program and summer camp for all ages.

Early Care and Education

Addie Mae Collins

Head Start Programs

Site 1: 110 East 129th Street

Site 2: 345 East 101st Street

Contact: Site 1: Diane Spann
212-831-9222

sdspann11@verizon.net

Site 2: Lonnie Joseph

212-831-7373

luciouslonniej@yahoo.com

Website: addiemaeollins.org

Eligibility: Children ages 3-5 from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Nutrition services, social services, workshops, access to additional services through partnership with other agencies.

East Harlem Bilingual Head Start

Head Start

Site 1: 30 East 111th Street

Site 2: 440-46 East 116th Street

Contact: Site 1: Ana Maria Aramburo
212-860-7201

escuelita116@aol.com

Site 2: Louise Fuentes

212-427-2571

lfuentesehbn@yahoo.com

Eligibility: Children ages 3-5 from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: For parents: nutrition, ESL, parenting classes and consultations for mental health, substance abuse and domestic violence services. Developmental and behavioral screenings for children.

Community Life Citizens Care

Head Start

221 East 122nd Street

Contact: Loraine Hammond
212-427-3000

Eligibility: Children ages 3 to 5 from low income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Nutrition, social services and mental health services.

East Harlem Block Nursery 1

Head Start and Group Child Care

215 East 106th Street

Contact: Louise Fuentes
212-427-2571

lfuentesehbn@yahoo.com

Eligibility: Children ages 2-4 from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides nutrition and social services.

Early Care and Education

East Harlem Head Start

Early Head Start and Head Start

130 East 101st Street

Contact: Yasmin Morales

212-348-2343

212 949-4930

Eligibility: Early Head Start: Children from birth to 3 years of age from low income families. Head Start: Children 3 to 5 years of age from low income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides Baby & Me program (at home or at center) and a parent-child program.

James Weldon Johnson Head Start Center 1

Head Start

120 East 110th Street

Contact: J.E. Alston-Johnson

212-860-4053

jjoh569228@aol.com

Eligibility: Children ages 3 to 5 from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides nutrition and social services.

Jefferson Housing/ James Weldon Johnson Head Start Center 2

Head Start

2205 First Avenue

Contact: Philip Gill

212-860-4044

lcabezas@northsidecenter.org

Eligibility: Children ages 3 to 5 from low-income families

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides nutrition and social services.

Northside Center Odyssey House

Early Head Start

219 East 121st Street

Contact: 646-351-1300

Website: northsidecenter.org/v5/pages/news/highlights.php

Eligibility: Children from birth to 3 years of age. Parents must be receiving treatment at Odyssey House.

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Comprehensive substance abuse treatment center

Note: Program provides services for pregnant women and Early Head Start for infants and toddlers of mothers who are being treated at the center.

Northside Center for Child Development

The Susan Patricof Early Head Start and Head Start Program

302 East 111th Street

Contact: Luz E. Cabezas

646-351-1300

Website:

northsidecenter.org/v5/pages/tecc/ehs.php

Eligibility: Early Head Start: Children from birth to age 3 from low income families. Head Start: Children ages 3 to 5 from low-income families

Cost: None

Areas Served: East and Central Harlem

Languages: English, Spanish

Other Services: Provides nutrition services, social services, education and support for pregnant women, ESL classes and GED advising and support

Note: Program is open year-round. Early Head Start has home-based program or center-based program.

Early Care and Education

Union Settlement Association

Head Start Centers

Site 1: 218 East 104th Street

Site 2: Franklin Plaza 2081 2nd Avenue

Contact: Site 1: Stephanie Davis Lee

212-828-6000

Site 2: Ramona Brightman

212-828-6021

rbrightman@unionsett.org

Website: unionsettlement.org/childcare

Eligibility: Children 3 to 5 years of age from low income families

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Child care for children up to 12 years old, youth leadership programs, adult education, mental health, senior citizen services and HIV support.

Universal Pre-Kindergarten Program (UPK)

Free pre-kindergarten education programs offered to children four years of age in public schools and community-based organizations throughout New York City.

East Harlem UPK Enrollment Offices

UPK Enrollment for School Districts 4 and 5

District 4: 333 Seventh Avenue, 12th Floor

District 5: 388 West 125th Street, 7th Floor

Contact: District 4: 718-935-2383

District 5: 718-935-2385

Website:

schools.nyc.gov/ChoicesEnrollment/PreK/default.htm

Eligibility: Must be a 4 year old child residing in New York City

Cost: None

Areas Served: School Districts 4 and 5

Note: Families need to apply during enrollment period. Once receiving an offer letter, they can begin enrolling. When enrolling your child please bring 1. Your offer letter 2. Child's birth certificate or passport 3. Child's immunization records 4. Two proof of residence documents.



Early Care and Education

UPK is available at the following sites in East Harlem. Programs are full day unless otherwise noted:

Association to Benefit Children

ECHO Park Early Childhood Center
UPK

1841 Park Avenue

Contact: Mary Ellen Rooney
646-459-6024 or 646-459-6045
mrooney@a-b-c.org

Central Park East I and II

UPK

Site I: 1573 Madison Avenue

Site II: 19 East 103rd Street

Contact: Site I: 212-860-5821
Site II: 212-860-5992

James Weldon Johnson

UPK

2205 First Avenue

Contact: 212-860-4044
Note: Half day program

P.S. 7 Samuel Sterm

UPK

160 East 120th Street

Contact: 212-860-5827

P.S. 30 Hernandez/Hughes

UPK

144-176 East 128th Street

Contact: 212-876-1825

P.S. 83 Luis Munoz Rivera

UPK

219 East 109th Street

Contact: 212-860-5847

P.S. 96 Joseph Lanzetta

UPK

216 East 120th Street

Contact: 212-860-5851

P.S. 102 Jacques Cartier

UPK

315 East 113th Street

Contact: 212-860-5834

P.S. 108 Assemblyman Angelo Del Toro Education Complex

UPK

1615 Madison Avenue

Contact: 212-860-5803

P.S. 112 Jose Celso Barbosa

UPK

535 East 119th Street

Contact: 212-860-5868

P.S. 146 Ann M. Short

UPK

421 East 106th Street

Contact: 212-860-5877

P.S. 155 William Paca

UPK

319 East 117th Street

Contact: 212-860-5885

P.S. 171 Patrick Henry

UPK

19 East 103rd Street

Contact: 212-860-5801

P.S. 375 Mosaic Prep

UPK

141 East 111th Street

Contact: 212-722-3109

P.S. 38 Roberto Clemente

UPK

232 East 103rd Street

Contact: 212-860-5882

Early Care and Education

Specialized Early Care and Educational Offices

Specialized offices providing services for children in the New York City school system and tools and knowledge for parents to be effective partners in their children's path towards success.

Committee on Special Education Office (CSE) and Committee on Preschool Special Education (CPSE)

Special Education Services Evaluation for School Districts 4 and 5

District 4: 333 Seventh Avenue, 12th Floor

District 5: 388 West 125th Street, 7th Floor

Contact: District 4: Gerard Donegan
917-339-1600

District 5: Mark Jacoby 212-342-8300

Eligibility: Families in school districts 4 and 5

Areas Served: School Districts 4 and 5

Languages: English, Spanish

Note: CSE provides special education evaluation and coordination for students ages 5-21 in non-public schools (private, parochial, charter) or transferring in from outside of New York City. Parents of children currently enrolled in a NYC public school should first contact their child's teacher or principal. CPSE provides special education evaluation and coordination for students ages 3-5 in any NYC pre-school.

Office of Early Childhood Education

Enrollment Offices for School Districts 4 and 5

Pre-Kindergarten to Grade 3

District 4: 333 Seventh Avenue, 12th Floor

District 5: 388 West 125th Street, 7th Floor

Contact: District 4: 718-935-2383

District 5: 718-935-2385

Website:

schools.nyc.gov/Academics/EarlyChildhood/default.html

Eligibility: None

Areas Served: School Districts 4 and 5

Languages: English, Spanish

Other Services: Provides information on pre-kindergarten application and admissions, early childhood special education services, the Partners in Reading Program, the New York City Early Literacy learning initiative and resources for parents including: developmental guides, learn at home guides and guides to New York State performance standards

Note: Provides information on pre-kindergarten and kindergarten to grade three.

Office for Family Information and Action

District Family Advocate District 4

319 East 117th Street, Room 402

Contact: Marta Acevedo
212-860-5914

Eligibility: Must be parent or family member of student in District 4

Areas Served: School District 4

Languages: English, Spanish

Note: District family advocates help families navigate school enrollment processes, engage families in improving student achievement, problem solve family related problems, provide support to parent coordinators, foster family-friendly school environments and support district PA/PTA programs.

Early Care and Education

Office for Family Information and Action

District Family Advocate District 5

425 West 123rd Street, Room 205

Contact: Denise Gordan

212-769-7500

dgordon@schools.nyc.gov

Eligibility: Must be parent or family member of student in District 5

Areas Served: School District 5

Languages: English, Spanish

Note: District family advocates help families navigate school enrollment processes, engage families in improving student achievement, problem solve family related problems, provide support to parent coordinators, foster family-friendly school environments and support district PA/PTA programs.

NYCHA Education Services Unit

New York City Early Literacy Learning (NYCELL)

King Towers Community Center

2 West 115th Street

Contact: Educational Services Unit:

212-306-2880/ 3232 or 3246

Lynda Nicholas

lnichola2@schools.nyc.gov

King Towers Community Center Contact: Mary Brewer

Website: nyc.gov/html/nycha/html/community/education.shtml#nycell

Eligibility: Parents and caregivers of children between the ages of one and four

Areas Served: Harlem

Languages: English

Note: Parent/caregiver and child come to class together. Workshops are held two times a week and provide reading readiness strategies, focused on speaking, listening, pre-reading and pre-writing skills. Resources and materials that promote at home learning experiences are also provided to the families.

LYFE Program

A free program that enables public high school students who are parents to stay on track for graduation by providing child care for their infants and toddlers and supporting the transition to parenthood.

Referral Center for High School Alternatives

LYFE

269 West 35th Street, 7th Floor

Contact: 212-244-1274

Website: schools.nyc.gov/Documents/MISC/FINAL%20student%20parent%20FAQ.pdf

Eligibility: Parent must be enrolled in and attending a NYC public school. Children can be enrolled in the LYFE program from the time they are immunized through the school year in which they turn three.

Cost: The referral and enrollment process and all LYFE programs are free.

Areas Served: Manhattan

Languages: Most LYFE programs are available in English and Spanish.

Other Services: Offers onsite high school or GED programs, provides assistance exploring all high school diploma and GED options, information about college, career and vocational opportunities and referrals for childcare, social work, drug treatment, housing and other support services for student parents

Note: The referral center helps students to enroll their child in a LYFE center and figure out a plan for completing their high school education. Birth certificates for the child and parent and immunization records and medical examination forms for the child are required at the time of enrollment.

Early Care and Education

LYFE is available at the following sites in Manhattan:

Auxiliary Services High School

198 Forsyth Street, 2nd Floor

Contact: 212-673-8254

Brandeis High School

145 West 84th Street

Contact: Eloise Messineo

917-441-5600 x 1101

City As School

16 Clarkson Street

Contact: Antoniette Scarpinato

212-337-6800

Edward A. Reynolds West Side

140 West 102nd Street

Contact: Jean McTavish

212-678-7300

Harlem Renaissance High School

22 East 128th Street

Contact: Mary Rice-Boothe

212-996-3795

Independence High School

850 West Tenth Avenue

Contact: Ron Smolkin

212-262-8067 x 105

Julia Richman Education Complex

317 East 67th Street

Contact: Herb Mack

212-570-5284

Manhattan High School LYFE Center at P.S. 58

317 West 52nd Street

Contact: Marta Rojo

212-247-4307

Mid Manhattan Learning Center

212 West 120th Street

Contact: Ryntha Henderson-Amare

212-864-0973

The Door

121 Sixth Avenue

Contact: Robert Zweig

212-941-9090 x 3320



Family Support

Family Support programs provide a variety of support services to families. Programs include peer support groups for parents and caregivers of children with social and emotional challenges, nutritional education, parenting classes, family counseling, respite care, preventive services to help prevent children from entering foster care, support to reunite parents with children who are placed in foster care, and home visiting programs for pregnant women and new mothers.

The New York Foundling

24-Hour Parent Helpline and Crisis Nursery

Contact: 888-435-7553

Description: Provides crisis counseling and intervention, linkages to community-based support services, emergency childcare, parenting support and information. Helpline is available 24 hours a day, seven days a week.

Home Visiting

Home visits enable parents and families to meet with a qualified health care provider in their home to discuss any concerns and questions they may have, share information and help find services their family might need to stay healthy.

Little Sisters of the Assumption Family Health Service

Maternity Outreach Program

333 East 115th Street

Contact: Dorothy Calbani

646-672-5200

dcalbani@lsafhs.org

Website: littlesistersfamily.org

Eligibility: For pregnant women and new mothers in East Harlem

Cost: Medicaid

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides preventive services, early childhood programs, soup kitchen and food pantry, asthma home visiting program, diabetes prevention program and community outreach and family support

Note: Home visiting program. Provides prenatal and postpartum nursing care to East Harlem women and follow-up care to their newborns.

New York City Department of Health and Mental Hygiene

*Newborn Home Visiting Program
East Harlem*

485 Throop Avenue, 2nd Floor

Contact: 646-253-5700

Website: nyc.gov/html/doh/html/dpho/dpho_newborne.shtml

Eligibility: For all mothers who give birth at Metropolitan Hospital in East Harlem regardless of age or immigration status

Areas Served: East Harlem

Languages: English and Spanish

Note: Home visitors help set up a free crib if needed, screen for potential health and emotional problems, assess the house for hazards and provide health tips.

Nurse Family Partnership

Harlem Hospital Center

15 West 136th Street

Contact: Marcia Phillip

212-939-8500

phillipm4.nychac.org

Website:

nursefamilypartnership.org/locations/New-York/Harlem-NFP---Harlem-Hospital-Center

Eligibility: Must be a first time mother, enroll before 24 weeks gestation and live in targeted zip codes

Areas Served: Northern Manhattan

Languages: English and Spanish

Note: Home visiting program. Families enter the program during pregnancy and are visited until the child's second birthday.

Family Support

University Settlement Society of New York, Inc.

Healthy Families Program

413 East 120th Street

Contact: Emily Mann

212-289-6594

emann@universitysettlement.org

Website: universitysettlement.org

Eligibility: Pregnant women and families with a new baby under 3 months old who live in East Harlem

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Parent-child groups, early childhood education and child care, senior citizen services, mental health services, adult literacy programs, after school and summer programs and art programs

Note: Families enter in the first three months of pregnancy and stay in the program until the child enters school.

Preventive and Reunification Services

Preventive programs provide free services for families with children under 18 at risk of being placed in foster care. Preventive services for families are designed to help children remain safe in their homes and to help families in crisis.

Association to Benefit Children

All Children's House Family Center at Echo Park

Preventive Service Programs

1841 Park Avenue

Contact: 646-459-6099

Website:

a-b-c.org/familysupport.htm#familypreservation

Eligibility: Parents or guardians of a child with emotional and/or behavioral challenges

Cost: None

Areas Served: Citywide

Languages: Primarily English, some Spanish

Other Services: Early childhood education programs, summer day camp, youth leadership development group for teens and academic support services for children

Note: Families are given the tools that foster long-term stability through home-based case management, parenting classes, family counseling, advocacy, housing and entitlement assistance.



Family Support

Child Welfare Organizing Project

*East Harlem Neighborhood Center
Preventive Services Programs*

80 East 110th Street, #1E

Contact: Mike Arsham

212-348-3000

mikearsham@aol.com

Website: cwop.org

Eligibility: Families with children in foster care or at risk of having their children placed in foster care

Cost: None

Areas Served: East Harlem and citywide

Languages: English, Spanish

Note: Provides advocacy, training and support for parents and families navigating the child welfare system.

Northside Center for Child Development

Project SAFE

Preventive Service Programs

1301 Fifth Avenue

Contact: Adrian Myers

212-426-3419

northside@northsidecenter.org

Website:

northsidecenter.org/v5/pages/clinic/snu.php

Eligibility: Families impacted by child sexual abuse, domestic violence, physical abuse and/or neglect.

Cost: None

Areas Served: East and Central Harlem

Languages: Primarily English, some Spanish

Other Services: General family resources, Saturday morning program for families, summer day camp for children, after school program and mental health services

Note: Project SAFE provides comprehensive services to families presenting with child sexual abuse, domestic violence, physical abuse and/or neglect.

Greenhope Services For Women, Inc.

Family Reunification Services

435 East 119th Street

Contact: Chantay Jones, Family Services Director

212-996-8633

cjones@greenhope.org

Website: greenhope.org/programs/
program_services2.shtml

Eligibility: Female, age 18 or older, history of substance abuse, New York State resident, not in need of detoxification services

Cost: None

Areas Served: East Harlem

Languages: English and Spanish

Other Services: Drug and alcohol counseling, legal advocacy workshops, job training, GED preparation, mental health services, medical services, creative arts and nutrition services

Note: The goal of the program is to provide family counseling to our clients and their families in order to aid in family reunification. This service is rendered to women whose children are in kinship or foster care and are seeking to re-establish ties and visitation rights with their children. The program also incorporates a second family therapist who will work with clients in the 6 month aftercare program.

Family Support

Little Sisters of Assumption Family Health Center

Preventive Service Programs

333 East 115th Street

Contact: Nilsa Welsh

646-672-5270

Website: littlesistersfamily.org/family_support.php

Eligibility: Referrals from community-based agencies or ACS preferred

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Family support services, early childhood services, adult education programs, food pantry and home visiting programs

Note: The preventive services program works with families with problems that might result in children going into foster care. Caseworkers offer counseling and concrete help with employment, education, housing and health problems.

Catholic Guardian and Home Bureau

Preventive Service Programs

34 West 134th Street

Contact: 212-926-1774 x210

Website: cgshb.org/index.php/

Eligibility: Families that are at risk of having their children placed in foster care

Cost: None

Areas Served: Harlem

Languages: English, Spanish

Other Services: Provides developmental disability services, maternity services and family support services.

Special Supplemental Nutrition Program for Women, Infants Children (WIC)

WIC serves to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age five by providing nutritious foods to supplement diets, information on healthy eating, including breastfeeding promotion and support and referrals to health care.

East Harlem Council for Human Services, Inc.

WIC Program

Boriken Neighborhood Health Center

2253 Third Avenue, 2nd Floor

Contact: 212-289-6650

Website: boriken.org/Programs/Programs.html

Eligibility: Infants from birth to five years old, pregnant women and mothers of babies up to six years old who are currently receiving public assistance and/or Medicaid, are part of the school lunch program, the Head Start Program or have a Foster Care Income Statement

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Nutrition education, breastfeeding support and promotion and referrals to health and social services.

Family Support

Institute for Family Health

WIC Program

1879 Madison Avenue

Contact: 212-423-4201

WIC Hotline: 1-800-522-5006

Website: institute2000.org/health-care/services/wic/

Eligibility: Infants from birth to five years old, pregnant women and mothers of babies up to six years old who are currently receiving public assistance and/or Medicaid, are part of the school lunch program, the Head Start Program or have a Foster Care Income Statement.

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Includes nutrition education, breastfeeding support and promotion and referrals to health and social services.

Settlement Health

WIC Center

212 East 106th Street

Contact: Angelica Serrano

212-360-2600

Website: settlementhealth.org/

Eligibility: Infants from birth to five years old, pregnant women and mothers of babies up to six years old who are currently receiving public assistance and/or Medicaid, are part of the school lunch program, the Head Start Program or have a Foster Care Income Statement

Cost: None

Areas Served: Manhattan

Languages: English, Spanish

Other Services: These include nutrition education, breastfeeding support and promotion and referrals to health and social services.

Metropolitan Hospital

WIC Program

1901 Second Avenue, Room 1D31

Contact: 212-423-6919

Website:

home2.nyc.gov/html/hhc/mhc/html/services/pediatrics.shtml

Eligibility: Infants from birth to five years old, pregnant women and mothers of babies up to six years old who are currently receiving public assistance and/or Medicaid, are part of the school lunch program, the Head Start Program or have a Foster Care Income Statement

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Provides emergency room care, pediatric and adolescent care, HIV/AIDS care, chronic disease care and management, women's health services, behavioral health services, addiction services and palliative care.

Renaissance Health Care Network Diagnostic & Treatment Center

WIC Program

215 West 125th Street, 2nd Floor

Contact: 212-932-6557

Website: nyc.gov/html/hhc/html/facilities/renaissance.shtml

Eligibility: Infants from birth to five years old, pregnant women and mothers of babies up to six years old who are currently receiving public assistance and/or Medicaid, are part of the school lunch program, the Head Start Program or have a Foster Care Income Statement

Cost: None

Areas Served: Manhattan

Languages: English, Spanish

Other Services: Provides primary care services including free pregnancy testing, prenatal care and delivery, well-child care, cancer screening, treatment of chronic illnesses such as asthma, diabetes and hypertension, dental services and immunizations.

Family Support

Child Support and Mediation Services

Child support services help ensure that noncustodial parents provide financial support for their children and help keep families financially independent. Mediation services offer parents a free or low cost way to resolve issues surrounding custody, visitation and child support without going to court.

Office of Child Support Enforcement (OCSE)

Child Support Services

OCSE Customer Service Walk-In Center
151 West Broadway, 4th Floor

Contact: Customer Service Helpline: 888-208-4485
Outreach Services Unit: 212-480-7564/5968

Website: nyc.gov/hra/ocse

Eligibility: None, must bring photo ID

Cost: Free, \$30.50 for DNA testing (paternity testing)

Areas Served: Citywide

Languages: English

Other Services: Provides community outreach events

Note: Services include locating the noncustodial parent, summons service, establishment of paternity through DNA testing, child support and medical support orders and collection and enforcement of those orders. The walk-in center is open Monday-Friday 8am-7pm.

New York Peace Institute *Special Education and Family Mediation Services*

Manhattan: 346 Broadway, Suite 400W
Brooklyn: 210 Joralemon Street, Room 618

Contact: Manhattan: 212-577-1740

Brooklyn: 718-834-6671 x 20

chimes@nypeace.org

Website: nypeace.org

Eligibility: None

Cost: Free for visitation, custody and special education mediation and sliding scale fee for divorce mediation.

Areas Served: Citywide

Languages: English

Other Services: Provides parent/teen mediation, landlord/tenant mediation, conflict coaching and mediation training

Note: Families can request family mediation as part of a divorce and for custody and child support issues. Parents, attorneys or schools can request special education mediation.



Family Support

Parent Skills Training

These are some of the classes available for parents and caregivers that provide parent skills training. Other classes are available and listed under resource centers.

Center for Comprehensive Health Practice

Early Childhood Development Center

1900 Second Avenue, 9th Floor

Contact: Becky Thomas

212-360-7803

cchpecdc@gmail.com

Website: cchphealthcare.org/page.php?p=2

Eligibility: Parents of children younger than age 3

Cost: Varies based on family size and income

Areas Served: Upper Manhattan and South Bronx

Languages: Primarily English, some Spanish

Other Services: Medical care and addiction services

Note: Family support services including parent-education groups and classes focus on a child's first three years and how to become a relaxed and confident parent.

Children's Aid Society

Strengthening Families Program

14-32 West 118th Street

885 Columbus Ave

Contact: William Weisberg

212-949-4924

billw@childrensaidsociety.org

Website: childrensaidsociety.org/

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Early childhood programs, after school program, arts programs, preventive services and family support services

Note: The Strengthening Families Program comprises three life-skills courses including parenting skills classes, children life skills classes and family life skills classes for 3 to 16 year olds and their families.

Veritas Therapeutic Community

Strengthening Families Program

55 West 125th Street

Contact: Christina Fragola

212-865-9182

cfragola@veritas-inc.org

Website: veritas-inc.org/index.html

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Provides substance use treatment and prevention, early intervention services, child care, job training, continuing education, vocational skills, and individual and family counseling

Note: The Strengthening Families Program comprises three life-skills courses including parenting skills classes, children life skills classes and family life skills classes for 3 to 16 year olds and their families.

Youth Action Programs and Homes, Inc.

Strengthening Families Program

206 East 118th Street

Contact: Denise Taylor

212-860-8170

dtaylor@yaphonline.org

Eligibility: Families that enroll their children in the free summer prevention program are required to participate. Families who are interested in the program are also eligible to participate.

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Summer and after school prevention programs, low income housing development, academic and vocational support, leadership development, student counseling and graduate services and community development

Note: The Strengthening Families Program comprises three life-skills courses including parenting skills sessions, children life skills sessions and family life skills sessions for 3 to 16 year olds and their families.

Family Support

Fatherhood Programs

Fatherhood programs help fathers reconnect with their children and develop essential parenting skills. Fatherhood programming is offered in three categories: young fathers (16-24 years-old), older fathers (over the age of 24) and fathers with prior involvement in the criminal justice system.

Center for Court Innovation

*Dads United for Parenting
Fatherhood Program*

*Midtown Community Court
314 West 54th Street*

Contact: Courtney Bryan
646-264-1329

cbryan@courts.state.ny.us

Website: courtinnovation.org/project/midtown-community-court

Eligibility: Non-custodial fathers over the age of 24, fathers with prior involvement in the criminal justice system

Cost: None

Areas Served: Citywide

Languages: English

Other Services: Provides community based resolutions for quality-of-life offenses, such as prostitution, illegal vending, graffiti, shoplifting, farebeating and vandalism as well as on-site social services, including drug treatment, mental health counseling, and job training

Note: Fatherhood program. Provides the following fatherhood activities: a) individual/family counseling; b) group counseling and discussion of masculinity & approaches to fathering; c) parent skills training and discussion of child stages of development; d) either peer counseling or father-to-father mentoring; e) mediation/conflict resolution training; f) review visitation and child placement/custody arrangements; g) review child support payment and arrears status; h) educational/vocational employment counseling; i) job placement assistance; j) family budget and consumer education; k) assistance understanding the family court process; l) GED/ESOL referrals; m) cognitive behavior restructuring.

The New York Society for the Prevention of Cruelty to Children

*Positive Parenting Plus
Fatherhood Program*

161 William Street, 9th Floor

Contact: Brenda Tully
212-233-5500 x225

btully@nyspcc.org

Website: nyspcc.org/nyspcc/programs/ppp/

Eligibility: Non-custodial fathers over the age of 24

Cost: None

Areas Served: Citywide

Languages: English

Other Services: Provides a trauma recovery program, child sexual abuse prevention workshops and professional and community education programs

Note: Provides the following fatherhood activities:

a) individual/family counseling; b) group counseling and discussion of masculinity & approaches to fathering; c) parent skills training and discussion of child stages of development; d) either peer counseling or father-to-father mentoring; e) mediation/conflict resolution training; f) review visitation and child placement/custody arrangements; g) review child support payment and arrears status; h) educational/vocational employment counseling; i) job placement assistance; j) family budget and consumer education; k) assistance understanding the family court process.

Family Support

Union Settlement Association

Fatherhood Program

1775 Third Avenue

Contact: Richard Reeves

212-828-6113

rreeves@unionsett.org

Website: unionsettlement.org/youth

Eligibility: Non-custodial young fathers ages 16-24

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Childcare for young children, college readiness program, adult education program, sports, recreational activities for senior citizens and mental health services

Note: Provides the following fatherhood activities:

a) individual/family counseling; b) group counseling and discussion of masculinity & approaches to fathering; c) parent skills training and discussion of child stages of development; d) either peer counseling or father-to-father mentoring; e) mediation/conflict resolution training; f) review visitation and child placement/custody arrangements; g) review child support payment and arrears status; h) educational/vocational employment counseling; i) job placement assistance; j) family budget and consumer education; k) assistance understanding the family court process; l) GED/ESOL referrals.



Resource Centers

Resource centers provide community resources and supports in various areas of family life. These include, parenting, health and safety, early child education and development, employment, housing and financial management.

The New York Foundling

Crisis Nursery

590 Avenue of the Americas

Contact: 888-435-7553

Website: nyfoundling.org/crisis-nursery

Eligibility: Children between the ages of zero and ten and slightly older siblings are also accommodated

Cost: None

Areas Served: Citywide

Languages: English, Spanish

Other Services: Parent helpline is available 24/7 and offers counseling, case planning and linkages to community-based support services. Also provides practical items such as diapers, formula and emergency cash for food and aftercare. Social workers follow up with the family for several months after discharge

Note: Provides emergency childcare for parents and caregivers in crisis in a safe, non-threatening, temporary place while they get the help they need. Length of stay of up to 21 days can be accommodated under special circumstances.

Family Support

Mental Health Association of NYC

Manhattan Family Resource Center

1 West 125th Street, 2nd Floor

Contact: Olga Vazquez

212-410-1820

Website: mha-nyc.org/programs--services/parent--family--services.aspx

Eligibility: Parents of children with emotional or behavioral challenges

Cost: None

Areas Served: Upper Manhattan

Languages: English

Other Services: Provides peer support groups and a parental call-in line for parents and children with mental health challenges, youth advocacy and empowerment, Strengthening Multi-Ethnic Families and Communities parenting classes for parents of 3 to 18 year olds, one-on-one advocacy, public education and outreach, care coordination services, respite services, referrals for mental health services, seminars and workshops for families and recreational activities.

Resources for Children with Special Needs, Inc.

Manhattan Special Education Parent Center

116 East 16th Street, 5th Floor

Contact: Rachel Howard, Executive Director

212-677-4650

rhoward@resourcesnyc.org

Website: resourcesnyc.org/content/bronx

Eligibility: Parents and family members of children with special needs from birth to age 26

Areas served: Manhattan

Languages: English, Spanish

Note: The center helps families navigate the special education process and provides information on referrals, individual child evaluations and individualized education program (IEP) development and planning. Offers parent training and support on special education and disability topics and helps school districts and families communicate and resolve disputes.

Sinergia

The Metropolitan Parent Center

2082 Lexington Avenue, 4th Floor

Contact: Tommy Diaz

212-643-2840

tdiaz@sinergiany.org

Website: sinergiany.org/en/node/4

Eligibility: Families of children with intellectual or developmental disabilities

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish

Other Services: Parenting skills workshops, training for intellectually disabled parents, special education information for children, workshops for children with autism, parent support groups (Spanish only), housing advocacy programs and respite care

Note: Parent training and information center.

East Harlem Asthma Center of Excellence

Case Management and Family Support

161-169 East 110th Street, 1st Floor

Contact: Carmen Diaz 888-247-8811

Anthony Fonseca 212-360-7803

Website:

eastharlem.com/index.php/Organizations/oview/east_harlem_asthma_center_of_excellence/

Eligibility: Parents who have children with asthma under the age of 17

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Asthma education, Parents Cafe and support group.

Family Support

Respite Care

Respite is temporary care of an individual with developmental disabilities. Respite may be provided in the home, at a family care home, or at a respite center. The length of care depends on the family's needs.

Sinergia

Respite Care for Children and Adults

2082 Lexington Avenue, 4th Floor

Contact: Myrta Cuadra

212-643-2840 x336

Website: sinergiany.org/node/1012

Eligibility: Manhattan residents with children or adults over five years of age with developmental disabilities

Cost: None

Areas Served: Manhattan

Languages: English and Spanish

Other Services: Parenting skills workshops, training for intellectually disabled parents, special education information for children, workshops for children with autism, parent support groups (Spanish only) and housing advocacy programs

Note: Day, overnight and weekend respite care offered at a freestanding site.

East Harlem Council for Community Improvement, Inc.

Respite Care for Children

El Faro/Beacon Community Center

2351 First Avenue

Contact: Raul Rodriguez

212-410-7707

Website: promesa.org/docs/EHCCI.html

Eligibility: Children and adolescents 8 to 21 years of age with developmental disabilities

Cost: None

Areas Served: Harlem

Languages: English and Spanish

Other Services: Provides educational and recreational programs, service coordination and community residences for individuals with developmental disabilities. Also provides food pantry, teen program, preventive services and employment and training services for the community at large

Note: Respite care is provided on Mondays and Wednesdays from 3-6pm and Saturdays from 8am to 2pm with lunch included. Transportation to and from is provided.



Financial Services and Jobs Assistance

Financial services and job assistance programs offer employment search assistance, legal services and financial empowerment programs.

New York City Financial Empowerment Center

Financial Counseling

215 West 125th Street, 6th Floor

Contact: Michelle Morillo

646- 264-1365

mmorillo@cwcid.org

Website: nyc.gov/html/ofe/html/find/find.shtml#fecmanhattan

Eligibility: None

Cost: None

Areas Served: Upper Manhattan

Languages: English, Spanish, Chinese

Note: Provides assistance to take control of debt, improve credit, deal with debt collection, create budgets, and open bank accounts. Financial counseling is provided by professional counselors in person or by phone.

Seedco Workforce 1 Career Center

Employment Services and Family Support

215 West 125th Street, 6th Floor

Contact: Rick Greene

rgreene@seedco.org

917- 493-7054

Website:

nyc.gov/html/sbs/wf1/html/contact/contact.shtml

Areas Served: Upper Manhattan

Languages: English, Spanish, French. Other languages provided through a language line

Other Services: Provides legal services, financial services, health insurance services, free tax preparation, Home Energy Assistance Program, Verizon lifeline cell phone program, screening for public benefits and referrals to support services

Note: Provides job search advice, job listings, career counseling, interview skills, career building workshops and a resource center.

New York City Job Center

Public Assistance

2322 Third Avenue

Contact: 212- 860-6801 or 212-860-2749

Website: nyc.gov/html/hra/html/directory/job_centers.shtml

Eligibility: Determined by factors such as income and resources, household composition and citizen/legal alien status. Eligibility information and applications can be found at any job center or by calling 1-877-472-8411

Cost: None

Areas Served: Upper Manhattan

Note: Provides temporary financial assistance, food stamps and Medicaid to eligible individuals. Eligible adults are required to participate in an employment or rehabilitative activity designed to help them achieve their highest level of self-sufficiency. While participating, individuals are provided with child care and transportation support.



Food Pantries, Soup Kitchens and Farmer's Markets

Food pantries, soup kitchens and farmer's markets are places to obtain food for you and your family. Select Farmer's Markets take Electronic Benefit Transfer (EBT) cards and/or Food Stamps.

125th Street Fresh Connect Farmer's Market

Farmer's Market

Adam Clayton Powell State Office Building
163 West 125th Street

Contact:

Website: harvesthomefm.org/about/

Eligibility: None

Cost: Accepts EBT/Food Stamps, WIC & FMNP coupons, Senior Citizen Farmer's Market coupons and Health Bucks

Areas Served: Harlem

Languages: English

Other Services: Cooking Demonstrations and health and fitness demonstrations

Note: Open every Tuesday from 9:00am-5:00pm from July to December.

82nd Street, St. Stephen's Greenmarket

Farmer's Market

82nd Street between First Avenue and York Avenue

Contact: Caroline Hitesheiw
212-788-7476

Website: grownyc.org/82greenmarket

Eligibility: None

Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a \$2 Health Buck coupon to purchase additional produce

Areas Served: Manhattan

Languages: English

Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.

92nd Street Greenmarket

Farmer's Market

First Avenue between 92nd Street and 93rd Street

Contact: Allison
212-788-7476

Website: grownyc.org/92greenmarket

Eligibility: EBT/Food Stamps and WIC & Senior FMNP Coupons accepted. For every 5 EBT dollars spent, customers receive a \$2 Health Buck Coupon to purchase additional produce

Cost: None

Areas Served: Manhattan

Languages: English

Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.

A New Beginning International Ministry

Food Pantry, Pantry Bag Distribution

180 East 118th Street

Contact: Pastor Dominic Reyes
212-987-4319

Eligibility: Must have ID

Cost: None

Areas Served: East Harlem

Languages: Primarily English

Other Services: HIV Testing, public notary, counseling and referrals and spiritual ministry

Note: Pantry Bag Distribution 1:30pm- 3:30pm Thursday.

Food Pantries, Soup Kitchens and Farmer's Markets

All Saints R.C. Church

Pantry Bag Distribution

47 East 129th Street

Contact: Stephanie Ali

212-534-3535

gstephanieali@hotmail.com

Eligibility: Proof of address & ID required

Cost: None

Areas Served: Upper Manhattan

Languages: Primarily English

Note: Pantry bag distribution 8:30am - 5:00pm

Monday through Saturday.

Bailey House Inc.

Pantry Bag Distribution

1751 Park Avenue, 3rd Floor

Contact: Harlow Graciano

212-633-2500

hgraciano@baileyhouse.org

Website: baileyhouse.org

Eligibility: HIV-positive persons 18 years of age or older

Cost: None

Areas Served: East Harlem

Languages: Primarily English, Spanish

Other Services: Residential programs, case management, healthcare coordination, independent living skills, housing assistance, community outreach and peer education, support groups and therapeutic recreational activities.

Beth Hark Christian Counseling

Pantry Bag Distribution

1832 Madison Avenue

Contact: Reverend Joan Williams-Jarrell, Director

212-860-1523

Website: bethharkchristiancounselingcenter.org

Eligibility: Proof of children & ID required for first visit

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Soup kitchen Wed and Thurs 12pm-2pm (Sept-June), free counseling (accepts walk-ins), referral service to other programs/city agencies, legal referral service, job application support and job training

Note: Pantry bag distribution Tuesday 1:00pm–5:00pm.

Cardinal McCloskey Services

Pantry Bag Distribution

2253 Third Avenue

Contact: Nadia Luburic

212-987-1806

nluburic@cms46.org

Website: cardinalmccloskeyservices.org

Eligibility: None

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides preventive services.



Food Pantries, Soup Kitchens and Farmer's Markets

Columbia Greenmarket

Farmer's Market

Broadway between 114th Street and 116th Street

Contact: Georgea and Kristina

212-788-7476

Website: grownyc.org/columbiagreenmarket

Eligibility: None

Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a \$2 Health Buck coupon to purchase additional produce

Areas Served: Manhattan

Languages: English

Other Services: Cooking demonstrations, seasonal celebrations and family friendly activities.

Fraternite Notre Dame

Soup Kitchen

Pantry Bag Distribution

2290 First Avenue

Contact: Sr. Marie Renee

212-876-5855

Website: fraternitenotredame.com/2011_2_0/new_york.php

Eligibility: Need picture ID and references

Cost: None

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Friendly Hands Ministry

Pantry Bag Distribution

225-41 East 118th Street

Contact: Maria Ramos

212-860-2789

friendlyhandsministry225@yahoo.com

Cost: None

Areas Served: East Harlem

Languages: English and Spanish

Other Services: Youth programs and counseling services

Note: Pantry bag distribution 10:00am - 11:00am Wednesday and Thursday.

Good Neighbor Presbyterian Church

Pantry Bag Distribution

115 East 106th Street

Contact: Fior Damiani

212-369-0505

laiglesiaelbuenvicino@aol.com

Eligibility: Must bring picture ID

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Note: Pantry bag distribution 9:30am - 12:00pm Tuesday.

Iris House Eastside

Pantry Bag Distribution

2271 Second Avenue

Contact: Shirley Alves

646-548-0100

salves@irishouse.org

Website: irishouse.org/

Eligibility: Women with HIV/AIDS and their families. Must be enrolled client of Iris House

Cost: None

Areas Served: Harlem

Languages: English and Spanish

Other Services: Case management, advocacy, treatment education, youth groups, housing, behavioral health, prevention services, HIV testing, harm reduction and support groups

Note: Pantry bag distribution 9:00am- 5:00pm Monday through Friday.

Food Pantries, Soup Kitchens and Farmer's Markets

Little Sisters of Assumption

Pantry Bag Distribution

333 East 115th Street

Contact: Lucia Russett

212-987-4422

lrussett@lsafhs.org

Website: littlesistersfamily.org/advocacy.php

Eligibility: Families with pregnant women, nursing mothers and/or young children

Cost: None

Areas Served: East Harlem

Languages: Spanish, English and other languages available

Other Services: Preventive services, early education services, health services and adult education services

Note: Pantry bag distribution 9:00am - 11:00am Monday, Tuesday, Thursday, Friday.

Macedonia Church Assembly of God

Pantry Bag Distribution

340 East 106th Street

Contact: Jorge Rivera

212-410-3412

info@macedoniachurch.com

Website: macedoniachurch.com/index.html

Cost: None

Areas Served: East Harlem

Languages: Spanish and English

Other Services: Ministries for men and women and Sunday school.

Mount Sinai Greenmarket

Farmer's Market

99th Street just East of Madison Avenue

Contact: Caroline Hiteshew

212-788-7476

Website: grownyc.org/mountsinaigreenmarket

Eligibility: None

Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a \$2 Health Buck coupon to purchase additional produce

Areas Served: Manhattan

Languages: English

Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.

Mt. Zion AME Church

Pantry Bag Distribution

Soup Kitchen-Lunch

1765 Madison Avenue

Contact: Valerie Williams-Riedemonn

212-369-6643

mtzionamec1765@verizon.net

Website: mountzionamenyc.org

Eligibility: None

Cost: None

Areas Served: All

Languages: Primarily English, Sometimes Spanish

Other Services: After school program and summer camp

Note: Pantry bag distribution 10:00am-11:00am Friday. Hot lunch served Wednesdays from 12:00pm to 1:00pm. Closed during summers.

Food Pantries, Soup Kitchens and Farmer's Markets

Salvation Army Manhattan Citadel

Pantry Bag Distribution

Soup Kitchen-Lunch

175 East 125th Street

Contact: Pastor Earl Foster

212-860-3200

Website: salvationarmy.org

Eligibility: Must live in area and have proof of address and income

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: After school program 3:00pm-6:00pm

Note: Pantry bag distribution 9:00am to 5:00pm Monday through Friday.

Samuel Temple Church of God in Christ

Pantry Bag Distribution

75 East 125th Street

Contact: Tyrone Holmes

212-427-0146

Cost: None

Areas Served: East Harlem

Languages: Primarily English

Note: Pantry bag distribution 3:00pm- 5:00pm Wednesday and Friday.

Scan NY/ La Guardia Memorial

Pantry Bag Distribution

307 East 116th Street

Contact: 212-534-7800

Website: scanny.org

Eligibility: Must have federal ID and referral

Cost: None

Areas Served: East Harlem

Languages: English, Spanish, Chinese

Other Services: After school programs, youth development programs, tutoring programs, violence prevention programs, family counseling and preventive services

Note: Pantry bag distribution 9:00am- 1:00pm Monday, Tuesday and Wednesday.

St. Cecilia's Parish Services

Pantry Bag Distribution

125 East 105th Street

Contact: Maritza Quiroz

212-348-0488

maritza.quiroz@archny.org

Website: saint-cecilia-parish.org/

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Note: Pantry bag distribution 9:30am- 11:30am

Wednesday, Thursday and Friday.

Yorkville Common Pantry

Soup Kitchen-Breakfast and Dinner

8 East 109th Street

Contact: Daniel Reyes

212-410-2264

Website: ycp.org

Eligibility: Must go through intake process, register and live in neighborhood

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Pantry program, showers, haircuts, laundry, case management for homeless clients, nutrition services and education classes.



Legal Services, Advocacy and Entitlement Access

Legal services provide advocacy, counseling and aid on matters concerning public assistance, income taxes, immigration, child abuse and HIV.

Center for Court Innovation

Harlem Community Justice Center

170 East 121st Street

Contact: 212- 360-4100

Website: courtinnovation.org/project/harlem-community-justice-center

Eligibility: None

Cost: None

Areas Served: Harlem

Languages: Spanish, English

Other Services: Legal programs, community and professional education and research studies

Note: Provides legal programs and services to help local landlords and tenants resolve conflicts and access financial support; programs for at-risk youth, including a youth court; and reentry programs for both juvenile and adult ex-offenders returning to the community.

The Legal Aid Society

Harlem Community Law Office

230 East 106th Street

Contact: 212-426-3000

Website: legal-aid.org

Eligibility: Criminal case eligibility is determined by the courts. For civil case eligibility, client must meet low income eligibility guidelines

Cost: None

Areas Served: Manhattan

Languages: English, Spanish

Note: Features a community development unit, senior citizen unit, family law unit, representation for individuals with HIV/AIDS, housing development and housing litigation units, a low income taxpayer clinic and a public benefits unit.

Legal Services NYC

Legal Assistance for Civil Issues

1 West 125th Street, 2nd Floor

Contact: Tracey Bing

212-348-7449

Website: legalservicesnyc.org

Eligibility: Must meet income requirements

Cost: None

Areas Served: Manhattan

Languages: English, Spanish, French, Russian

Other Services: Provides housing assistance, government benefits, family, education, consumer, immigration and employment law services, low income taxpayers clinic and foreclosure prevention

Note: Provides various legal services

Mt. Sinai Hospital

Child and Family Support Program

1 Gustave Levy Place, Box 1252

Contact: Emily Banach

212- 241- 4050

emily.banach@mountsinai.org

Website: mountsinai.org/patient-care/service-areas/children/areas-of-care/child-and-family-support-program

Eligibility: For parents, caregivers or agencies who suspect a child or adolescent is being abused or neglected

Cost: None

Areas Served: Manhattan

Languages: English, Spanish

Other Services: Behavioral health services, addiction services, primary care, women's health services and pediatrics

Note: Provides legal support and advocacy, forensic sexual assault examinations, forensic interviewing, psychosocial and development assessments, individual, family and group therapy, expert consultation, parenting classes, expert court testimony and assistance with crime victims services.

Legal Services, Advocacy and Entitlement Access

New York Lawyers for the Public Interest (NYLPI)

Education Program for Students with Disabilities

151 West 30th Street, 11th Floor

Contact: 212-244-4664,
212-244-3692

Website:

nylpi.org/main.cfm?actionId=globalShowStaticContent&screenKey=cmpDisabilityRights&show=Educa tion&s=NYLPI

Eligibility: Parents and caregivers of children with disabilities

Cost: Education, advice and assistance are free. NYPL may be able to provide full legal representation at no cost for cases that meet certain criteria or assist in matching families with volunteer attorneys to represent them.

Areas Served: Citywide

Languages: English, Spanish and other languages through a language line service

Other services: Provides free advice, assistance and referrals, educational and training materials, mediation preparation and support and advocacy for parents and families

Note: The disability intake phone line is open Monday and Friday: 9:30 am -1:30 pm and Wednesday: 1:30 pm - 5:30 pm.

Safe Horizon

Manhattan Child Advocacy Center

1753 Park Avenue, 2nd Floor

Contact: Tiana Stowers-Pearson
646-695-6100

tiana.stowers-pearson@safehorizon.org

Website: safehorizon.org/index/get-help-8/for-child-abuse-38/child-advocacy-centers-6.html

Eligibility: For parents, caregivers or agencies who suspect a child or adolescent is being abused or neglected

Cost: None

Areas Served: Manhattan

Languages: English

Other Services: Domestic violence services, rape and sexual assault services, stalking services, human trafficking services, counseling and support groups

Note: The center provides prevention, intervention, emotional support, and treatment services to physically and sexually abused children and their families. Counselors and clinicians work with law enforcement and legal representatives, medical service providers, and child protection agencies to provide both healing and justice for child victims of abuse.



Libraries

Libraries offer computer and internet access as well as programs for children and families. Contact your nearest library for a schedule of activities.

Aguilar Library

Child and Adult Library

174 East 110th Street

Contact: Magally Gomila
212-534-2930

Website: nypl.org/anguilar

Eligibility: Must live, work or attend school in NY State to receive library card

Cost: None

Areas Served: Harlem

Languages: Spanish, English; materials can be ordered in other languages

Other Services: Adult literacy classes, computers, and early childhood discussions.

96th Street Library

Child and Adult Library

112 East 96th Street

Contact: William J. Seufert
212-289-0908

Website: nypl.org/96th-street

Eligibility: Must live, work or attend school in NY State to receive library card

Cost: None

Areas Served: Harlem

Languages: Spanish, English; materials can be ordered in other languages

Other Services: Preschool program, Blockbuster Books and films.

125th Street Library

Child and Adult Library

224 East 125th Street

Contact: Kenneth Wright
kenneth.wright@ntpl.org
212- 534-5050

Website: nypl.org/125th-street

Eligibility: Must live, work or attend school in NY State to receive library card

Cost: None

Areas Served: Harlem

Languages: Spanish, English; materials can be ordered in other languages

Other Services: Early childhood discussions, English classes, young adult and child services, outreach to schools and GED preparation.

Harlem Library

Child and Adult Library

9 West 124th Street

Contact: Donna Murphy
212-348-5620

Website: nypl.org/locations/harlem

Eligibility: Must live, work or attend school in NY State to receive library card

Cost: None

Areas Served: Harlem

Languages: Spanish, English; materials can be ordered in other languages

Other Services: Harlem knitting circle, Everybody Wins, homework tech zone, toddler story time, Teen Tuesday Takeover, Wii Saturdays, meditation classes and movies.

Mental Health Services

Mental health services for parents and children include outpatient and inpatient care for children, adolescents and adults. These programs provide confidential assessments, short and long-term counseling, psychotherapy, family therapy and mental health treatment. For up-to-date information about mental health programs, search the New York State Office of Mental Health website, at bi.omh.ny.gov/bridges/index.

LifeNet Hotline

Contact: 800-LIFENET (543-3638)
877-AYUDESE (298-3373)

Description: For information, referrals and crisis assessments for mental health, alcohol or substance use, LifeNet is a free and confidential helpline available 24 hours per day, seven days per week. Available in many languages.

Association to Benefit Children

*Fast Break Mobile Mental Health Clinic
Child and Adolescent Mental Health
Services*

1841 Park Avenue

Contact: Isabelle Garcia
646-459-6163

Website: a-b-c.org/mentalhealth.htm

Eligibility: Children and adolescents

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Family resource center, social services and referrals

Note: Services include psychiatric, psychological, educational evaluation and treatment interventions in a wide array of modalities including play therapy and individual, group and family counseling as well as cognitive-behavioral and psycho-pharmacological treatment.

Children's Aid Society

*East Harlem Mental Health Clinic
Child and Adolescent Mental Health
Services*

130 East 101st Street

Contact: 212-348-2343

Website: childrensaidsociety.org

Eligibility: Children and adolescents

Cost: Medicaid

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Psychiatric evaluations and speech and language services

Note: Provides children and family members with confidential individual and family counseling, group therapy, emergency assessments, referrals and crisis intervention.

Graham Windham

*Manhattan Mental Health Center
Child and Adolescent Mental Health
Services*

274 W 145th Street, 2nd Floor

Contact: 212-368-4100

Website: graham-windham.org

Eligibility: Children and adolescents ages 4 to 18

Cost: Medicaid, Medicaid Managed Care and private insurance. Sliding scale for uninsured based on ability to pay.

Areas Served: East and Central Harlem, South and Central Bronx

Languages: English, Spanish

Other Services: Provides preventive services, care coordination and case management, a school for at-risk children, foster care services and early childhood education and development programs

Note: Provides weekly individual therapy, group therapy and support groups, family therapy, and psychiatric evaluations and consultations.

Mental Health Services

Mount Sinai Medical Center

Child, Adolescent and Adult Mental Health Services

Therapeutic Nursery

Psychiatric Emergency Room

*Outpatient Clinic, Therapeutic Nursery:
1240 Park Avenue*

Psychiatric Emergency Room: 1 Gustave Levy Place

Contact: Child and Adolescent Outpatient Clinic,
Therapeutic Nursery: 212-241-7175

Adult Outpatient Clinic: 212-659-8752

Psychiatric Emergency Room: 212- 241-6463

Website: [mountsinai.org/patient-care/
service-areas/psychiatry/areas-of-care/
child-psychiatry](http://mountsinai.org/patient-care/service-areas/psychiatry/areas-of-care/child-psychiatry)

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare, private insurance, self-payment. Sliding scale for uninsured based on ability to pay.

Areas Served: East Harlem

Languages: English and Spanish

Other Services: Provides child, adolescent and adult primary care services, emergency health services, women's health services, chronic disease management, infectious disease treatment, cancer care, geriatric medicine, rehabilitation services, sports medicine and palliative care.

Metropolitan Hospital Center

Child, Adolescent and Adult Mental Health Services

Psychiatric Emergency Room

Adult Clinic: 1900 Second Avenue

Child and Adolescent Clinic, Psychiatric Emergency Room: 1901 First Avenue, Room 6M22

Contact: Adult Clinic: 212-423-6645

Child and Adolescent Clinic: 212-423-6945

Psychiatric Emergency Room: 212-423-7312

Website: [nyc.gov/html/hhc/html/services/
behavioral-health.shtml](http://nyc.gov/html/hhc/html/services/behavioral-health.shtml)

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare, private insurance, managed care and self-payment.

Areas Served: East Harlem

Languages: Interpreter line available

Other Services: Provides child, adolescent and adult primary care services, emergency health services, women's health services, substance use services, chronic disease care and management and HIV/AIDS care.



Mental Health Services

Northside Center for Child Development Clinic

*Child, Adolescent and Adult Mental Health Services
Therapeutic Early Childhood Center (TECC)*

35 East 110th Street

Contact: Anita Flecher
212- 426-3400 x3402

Website:

northsidecenter.org/v5/pages/services.php

Eligibility: For mental health services: Children ages 5 to 17 and their families

For TECC: Children at least 18 months old

Cost: Medicaid, Medicaid managed care, private insurance and self-payment

Areas Served: East Harlem

Languages: Primarily English, some Spanish

Other Services: Head Start, Early Head Start, preventive service programs, after school program, children's library and educational services.

Note: Children with special needs receive services from a full spectrum of professionals, including special education teachers, social workers, psychologists and speech/occupational/and physical therapists.

Union Settlement Association Inc.

James Weldon Johnson Counseling Center

Child, Adolescent and Adult Mental Health Services

2089 Third Avenue

Contact: Jennifer Rocha
212 828-6144

Website: unionsettlement.org/mental-health

Eligibility: For children, adolescents, adults and older persons living in East Harlem and surrounding neighborhoods

Cost: Medicaid, Medicare, most managed care and self-payment. Sliding scale for uninsured based on ability to pay.

Areas Served: Harlem

Languages: English, Spanish

Other Services: Provides family therapy, couples therapy, HIV/AIDS and mental health services, case management and geriatric counseling

Note: Provides assessment, crisis intervention, psychiatric evaluation, medication therapy, psychological testing, advocacy, counseling and psychotherapy (short-term, long-term, solution-focused, cognitive behavioral, supportive and psychodynamic psychotherapy).

Primary Care Providers and Clinics

Primary care includes pediatric care, adolescent health care, adult medicine and women's health.

Center for Comprehensive Health Practice

Primary Care Center

1900 Second Avenue, 9th Floor

Contact: Deborah Brotman M.D.

212-360-7893

drdbrotman@aol.com

Website: cchphealthcare.org/index.php

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare and Amidacare for HIV patients

Areas Served: UpperManhattan

Languages: Spanish, English, French

Other Services: Offers Early Childhood Development Center, parenting classes and addiction services

Note: Provides comprehensive internal medicine care, pediatric care and HIV/AIDS care and services.

Children's Aid Society

PS 50/IS 50 Vito Marcantonio

School-based Health Program

433 East 100th Street

Contact: Jeanette Then

212-860-0299

Website: [childrensaidsociety.org/](http://childrensaidsociety.org/community-schools/ps-50is-50-vito-marcantonio)

community-schools/ps-50is-50-vito-marcantonio

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

East Harlem Council for Human Services

Boriken Neighborhood Health Center

2253 Third Avenue, 3rd Floor

Contact: 212-289-6650

Website: boriken.org/

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare, private insurance and self-payment. Financial assistance program available for uninsured based on ability to pay.

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides WIC program, Head Start center, day care center, school health programs and senior citizen programs

Note: Provides pediatric care, adolescent health services, adult medicine, geriatric care, asthma education and support services, HIV education, outreach, counseling and testing, dental care, gynecology and obstetrics, nutrition, laboratory testing, pharmacy, podiatry, pulmonology, social work services and transportation.

East Harlem Council for Human Services

PS 155 William Paca

School-based Health Program

319 East 117th Street

Contact: 212-860-5885

Website: schools.nyc.gov/SchoolPortals/04/M155/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Primary Care Providers and Clinics

East Harlem Council for Human Services

P.S. 7 Samuel Stern

School-based Health Program

160 East 120th Street

Contact: 212-860-5827

Website: schools.nyc.gov/SchoolPortals/04/M007/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

East Harlem Council for Human Services

PS 112 Jose Celso Barbosa

School-based Health Program

535 East 119th Street

Contact: 212-860-5868

schools.nyc.gov/SchoolPortals/04/M112/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Harlem United Primary Care

El Farro Primary Care Clinic

179 East 116th Street

Contact: 212-987-3707 x 2001

Website:

harlemunited.org/healthcare/primary.html

Eligibility: Adults

Cost: Medicaid, Medicare, Amida Care and ADAP. Assistance is provided regardless of a client's ability to pay.

Areas Served: Harlem

Languages: English, Spanish

Other Services: Behavioral health services, housing and HIV/AIDS services.

Institute for Family Health

Family Health Center at North General

1879 Madison Avenue

Contact: 212-423-4500

Website: institute2000.org/about-us/

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare and most private insurances. Financial assistance program available for uninsured based on ability to pay.

Areas Served: Upper Manhattan

Languages: English, Spanish. Interpreters are also available.

Other Services: Provides behavioral health services, dental care, HIV/AIDS services, women's health care, diabetes care, gynecology, cardiology, dermatology, ophthalmology, orthopedics, podiatry, insurance enrollment assistance and social services.

Institute for Family Health

PS 57 James Weldon Johnson

School-based Health Program

176 East 115th Street

Contact: 212-860-5812

Website: schools.nyc.gov/SchoolPortals/04/M057/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish



Primary Care Providers and Clinics

Metropolitan Hospital Center

*La Clínica del Barrio
Family Health Center*

413 East 120th Street

Contact: 212-410-7940

Website:

nyc.gov/html/hhc/mhc/html/about/clinica.shtml

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare, private insurance and self-payment. Sliding scale and charity care available for uninsured based on family size and income.

Areas Served: Upper Manhattan

Languages: English, Spanish

Note: Provides prenatal care, pediatrics, and general medicine. Services include vaccinations, HIV testing, family planning, blood pressure and cholesterol screening, and care for chronic conditions such as asthma and diabetes. Referrals are made as needed to specialists based at Metropolitan Hospital Center.

Metropolitan Hospital Center

Metropolitan Pediatrics Clinic

1901 First Avenue, Room 523

Contact: 212-423-7000

Website: nyc.gov/html/hhc/mhc/html/services/pediatrics.shtml

Eligibility: Children and adolescents

Cost: Medicaid, state financed insurance (other than Medicaid), private insurance and self-payment. Financial assistance program available for uninsured based on ability to pay.

Areas Served: Upper Manhattan

Languages: English, Spanish, French

Other Services: Emergency care, HIV/AIDS care, chronic disease management, women's health services, behavioral health services, addiction services and palliative care

Note: Provides children's asthma program and asthma case management, special care newborn clinic, medical home program for children with special health care needs, WIC program, behavioral health services and specialized adolescent healthcare services and education.

Mt Sinai Hospital

Kravis Children's Hospital

1184 Fifth Avenue

Contact: 212-659-8559 or 800-637-4624

Website: mountsinai.org/patient-care/service-areas/children

Eligibility: Children and adolescents

Cost: Medicaid, Medicare, private insurance and self-payment

Areas Served: Citywide

Languages: English, Spanish and other languages through a language line service

Other Services: Behavioral health services, addiction services and women's health services

Note: Provides fetal and newborn care, care for heart conditions, food allergies, asthma and other respiratory conditions, surgery, organ transplantation, treatment for disorders of the heart, brain, and spine, diabetes and renal conditions.

Mt Sinai School of Medicine

*East Harlem Health Outreach
Partnership*

The Center for Advanced Medicine

17 East 102nd Street, 7th Floor

Contact: 646-942-6519

ehhop.clinic@mssm.edu

Website: eastharlemhealth.org/eng/index.html

Eligibility: Adults 22 years and older who reside in East Harlem and have no health insurance (including Medicaid and Medicare)

Cost: None

Areas Served: East Harlem

Languages: English, Spanish

Note: Provides primary and preventive care, non-emergency urgent care, health education, social work counseling, prescriptions, laboratory testing, gynecologic screening, sexually transmitted infection testing, voluntary HIV/AIDS testing and counseling, specialty care and imaging referrals, nutrition counseling and health insurance enrollment assistance.

Primary Care Providers and Clinics

Mt Sinai Hospital

Adolescent Health Center

312 East 94th Street

Contact: 212-423-3000

Website: mountsinai.org/patient-care/service-areas/adolescent-health/areas-of-care/adolescent-health-center

Eligibility: Young people between 10 and 22 years of age

Cost: Medicaid and most private insurances. Care is delivered regardless of ability to pay

Areas Served: Citywide

Languages: English, Spanish

Note: Provides comprehensive medical, mental health, and reproductive health services, prevention education, support groups for rape and incest survivors and a parenting program for young adults.

Mt Sinai Hospital

P.S. 38 Roberto Clemente

School-based Health Program

232 East 103rd Street

Contact: 212-860-5882

Website: schools.nyc.gov/SchoolPortals/04/M038/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish



Mt Sinai Hospital

P.S. 83 Luis Munoz Rivera

School-based Health Program

219 East 109th Street

Contact: 212-860-5847

Website: schools.nyc.gov/SchoolPortals/04/M083/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Mt Sinai Hospital

P.S. 108 Assemblyman Angelo Del Toro

School-based Health Program

1615 Madison Avenue

Contact: 212-860-5803

Website: schools.nyc.gov/SchoolPortals/04/M108/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Mt Sinai Hospital

Talented and Gifted School for Young Scholars

School-based Health Program

240 East 109th Street, Room 109

Contact: Elyse Melzer

212-360-7390

Website: schools.nyc.gov/SchoolPortals/04/M038/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Primary Care Providers and Clinics

Renaissance Health Care Network

Diagnostic and Treatment Center

215 West 125th Street, 2nd Floor

Contact: 212- 932-6500

Website: nyc.gov/html/hhc/html/facilities/renaissance.shtml

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicaid Managed Care, Medicaid HIV Special Needs Plan, Medicare and private insurance. Subsidized care is available for those without insurance based on family size and income.

Areas Served: Harlem

Languages: English, Spanish

Other Services: Community outreach, support groups, early intervention assessments, WIC program and teen mother program

Note: Provides primary care services, including free pregnancy testing, prenatal care and delivery, well-child care, cancer screening, treatment of chronic illnesses such as asthma, diabetes and hypertension, HIV/AIDS testing and treatment dental services and immunizations.

Renaissance Health Care Network

P.S. 197 John B Russwurm

School-based Health Program

2230 Fifth Avenue

Contact: 212-690-5960

Website: schools.nyc.gov/SchoolPortals/05/M197/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Renaissance Health Care Network

PS 30 Hernandez/Hughes

School-based Health Program

144-176 East 128th Street

Contact: 212-876-1825

Website: schools.nyc.gov/SchoolPortals/05/M030/EducationalSupport/Health/default.htm

Eligibility: Child must be enrolled in both the program and the school

Cost: Free of charge regardless of insurance or immigration status

Areas Served: East Harlem

Languages: English, Spanish

Settlement Health and Medical Service

Community Health Care Center

212 East 106th Street

Contact: 212-360-7893

Website: settlementhealth.org/home.html

Eligibility: Children, adolescents and adults

Cost: Medicaid, Medicare, private insurance and self pay. Financial assistance program available for uninsured based on ability to pay.

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Offers HIV testing and counseling, case management, HIV /AIDS support groups, parenting groups and childbirth classes.

Note: Provides comprehensive adult medicine, pediatrics and women's health services.

Third Avenue Pediatrics

Child and Adolescent Health Services

1980 Third Avenue

Contact: 212-831-9254

Eligibility: Children and adolescents from birth to 21 years of age

Cost: Medicaid, Medicaid managed care, most private insurances and self pay. Sliding scale for uninsured based on ability to pay.

Areas Served: Harlem

Languages: English, Spanish, Hindi

Substance Use Services

Substance use services for adolescents and adults include inpatient and outpatient care and crisis, residential and methadone programs. For up-to-date information about substance use programs, search the New York State Office of Alcoholism and Substance Abuse Services website at oasas.ny.gov/providerDirectory/index.cfm?search_type=2.

LifeNet Hotline

Contact: 800-LIFENET (543-3638)
877-AYUDESE (298-3373)

Description: For information, referrals and crisis assessments for mental health, alcohol or substance use, LifeNet is a free and confidential helpline available 24 hours per day, seven days per week. Available in many languages.

Addiction Research and Treatment Corp

Outpatient and Methadone Services
2195 Third Avenue

Contact: For Outpatient Clinic: Jeffery Brentley
718-636-0015 Jbrentley@URINYFC.org

For Methadone Clinic: Emmy Rivera
212-348-5650 erivera@artcny.org

Website: artcny.org/contact.htm

Eligibility: Adults

Cost: Medicaid, Medicare, private insurance and self pay. Sliding scale is available for those without insurance based on ability to pay.

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides HIV/AIDS care, vocational training and clinician education

Note: Treatment includes methadone treatment, individual group and family counseling, medical care and specialty care referrals, women's services, community outreach, vocational and education services and mental health services.

Beth Israel Medical Center

Adult Methadone Services
103 East 125th Street

Contact: Maria Garcia
212-387-3936
magarcia@chpnet.org

Website:

wehealny.org/services/bi_mmtp/index.html

Eligibility: Must be a resident of New York State, have a government-issued photo ID and be 21 years of age or older with a one-year history of opiate addiction, or be 18 to 21 years of age with a two-year history of opiate addiction

Cost: Medicaid, Medicare and private insurance. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English

Other Services: Provides substance abuse counseling, children and family services, case management, vocational assessment and training, group counseling services for pregnant women, behavioral health services, HIV testing and counseling and community outreach programs

Note: Methadone Clinic.



Substance Use Services

Center for Comprehensive Health Practice

Outpatient and Methadone Services

1900 Second Avenue

Contact: For Outpatient Clinic: Annie Mendelsohn
212-360-7481

For Methadone Clinic: Dr. Denise Fortino
212-360-7797

Website: cchphealthcare.org/index.php

Eligibility: Adults

Cost: Medicaid, private insurance and self-payment. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides primary care services, pediatric care, HIV/AIDS treatment and counseling and parenting classes.

Note: Methadone Clinic

Harlem East Life Plan (H.E.L.P.)

Outpatient and Methadone Services

2367-2369 Second Avenue

Contact: Joanne King

212- 876-2300 x 107

jnk@helpmedical.org

Website: harlemeastlifeplan.com/index.php

Eligibility: Adults

Cost: Medicaid and self-payment. Financial assistance is provided based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides primary care clinic, psychiatry services and specialty care referrals

Note: Methadone Clinic. Provides individual and group counseling, relapse prevention, coping and family life skills, parenting classes, violence management, vocational planning and employment services.

Greenhope Services for Women, Inc.

Project Greenhope Outpatient Services

435-439 East 119th Street

Contact: Patricia Williams

212-996-8633 x1203

cjones@greenhope.org

Website: greenhope.org/index.shtml

Eligibility: Must be a female 18 years or older who resides in New York State with a history of substance abuse. Must not be in need of detoxification services

Cost: Medicaid, private insurance and self-payment. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides individual and group counseling, domestic violence education and prevention, legal and criminal justice services and vocational and educational services

Note: Outpatient program serves women on parole, women referred as an alternative to incarceration and women from the community requiring substance abuse services.

Metropolitan Hospital Center

Outpatient and Methadone Services

1900 Second Avenue

Contact: Shirley McBride

212-423-6822

Shirley.mcbride@nychhc.org

Website: nyc.gov/html/hhc/mhc/html/services/substance.shtml

Eligibility: 18 years of age and older

Cost: Medicaid, Medicare, private insurance and self-payment. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Provides emergency care, HIV/AIDS care, chronic disease management, women's health services, behavioral health services and palliative care

Note: Methadone Clinic. Services include individual and group counseling, physical exams, psychological evaluations, referrals, case management and crisis intervention.

Substance Use Services

New York Foundling

The Pathway Center for Chemical Dependency

2090 Adam Clayton Powell Jr. Boulevard, 7th Floor

Contact: 718-772-0292

Eligibility: Adults. Referrals from hospitals, community providers and self-referrals are accepted

Cost: None

Areas Served: East Harlem

Languages: English

Other Services: Workshops, medication management, on site nursery and assistance acquiring health insurance

Note: Provides individual psychotherapy, referrals for detox services, individual and group counseling, case management, vocational/educational support and training, family and significant other therapy, therapeutic treatment groups and advocacy and referrals to community-based providers for services such as medical care, housing and public assistance.

VIDA Family Services, Inc.

Outpatient Services

127 East 105th Street

Contact: Mary Morgan

212-289-1004 x16

galejandrovida@aol.com

Website: vidafamilyservices.com/

Eligibility: Individuals 16 and up with or without children

Cost: Medicaid, Medicare, private insurance and self payment. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Note: Provides comprehensive treatment program, family and couples counseling, parenting skills classes, family reunification services, domestic violence support, education and outreach and vocational services.

Palladia, Inc.

Outpatient Services

177-185 East 122nd Street, 2nd Floor

Contact: Jacques Nir

212-360-7116

jaques.nir@palladiainc.org

Website: palladiainc.org/Public/

Eligibility: Age 18 and over with substance abuse history. Must bring verification of birth date and two forms of ID.

Cost: Medicaid, Medicare and self-payment. Sliding scale for uninsured based on ability to pay

Areas Served: East Harlem

Languages: English, Spanish

Other Services: Prevention services, housing services and child welfare services

Note: Provides a therapeutic environment where individuals work towards employment, sobriety and self-sufficiency. This includes relapse prevention counseling, crisis intervention, anger management, vocational guidance, medical referrals, HIV/AIDS education, parenting skills, free childcare and spiritual counseling.



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